

PROGRESS REPORT

DECEMBER 2023

THE HOOSIER APPROACH

When Governor Eric Holcomb set out to attack the drug epidemic in 2017, he did so knowing that in order to make any progress, we would need all hands on deck. Over the last six and a half years, I've witnessed the evolving landscape of this crisis. What was a prescription drug epidemic in 2017 then became a heroin epidemic. In 2020, we began to see a transition to fentanyl, all while methamphetamines continue to have a strong undercurrent in the state.

We were relieved when overdose deaths declined in 2018, exceeding the national average decline, and we responded as these fatalities surged in tandem with a global pandemic in 2020 and subsequent years.

Fortunately, there is good news to report: Indiana experienced a 5% decline in overdose deaths in 2022.

This sign of progress is a testament to the power of collaboration. Communities have recognized the urgency of this crisis and have joined forces to address it comprehensively. By combining our expertise, resources, and perspectives, we're not only saving more lives from overdose, but we're creating a network of supports to aid individuals on their path to recovery.

This year, we're releasing the 2023 Next Level Recovery Progress Report in tandem with the Indiana Department of Health's Overdose and Suicide Fatality Report. These two reports complement one another, with the data being a testament to the efforts outlined in this report.

Indiana is leading the nation on many fronts; however, there is still much work to do. With the emergence of xylazine in recent years alongside the persistent threat of fentanyl, we are committed to amplifying our harm reduction efforts, ensuring widespread access to life-saving naloxone and expanding outreach teams to serve areas of highest need.

Collaboration is the cornerstone in our fight against the drug epidemic in Indiana. Only through our collective determination and collaborative spirit can we make Indiana a better place for all Hoosiers.



DOUGLAS W. HUNTSINGER

Executive Director for Drug Prevention, Treatment and Enforcement; Chairman, Indiana Commission to Combat Substance Use Disorder

ACCESS TO TREATMENT

TREATMENT ATLAS

In September 2023, Governor Holcomb announced the launch of Treatment Atlas, a free, confidential tool to connect Hoosiers in need with appropriate addiction treatment and deliver user-friendly information about the quality of available programs.

The web tool lists all Indiana addiction treatment facilities certified by the Indiana Family and Social Services Administration's Division of Mental Health and Addiction.

Treatment Atlas puts recovery within immediate reach, giving Hoosiers and their loved ones a **trusted resource** to find treatment.

GOVERNOR ERIC J. HOLCOMB

988 SUICIDE AND CRISIS LIFELINE

988 is a free, confidential resource available 24 hours a day, seven days a week, offering callers a direct connection to compassionate, accessible care and support for anyone experiencing mental health-related distress, including thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress.

Indiana has partnered with five call centers, answering an **average of 3,200 to 3,800 calls per month** from Hoosiers who are experiencing crisis.

Indiana's crisis centers have maintained a nation-leading in-state answer rate of **more than 90%** since November 2022.

INDIANA 211

- Indiana 211 has provided **over 32,945 referrals to treatment** for mental health and substance use disorder since January 2020.

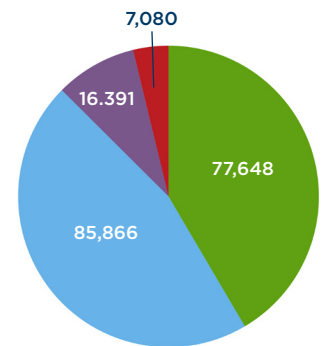
REGIONAL RECOVERY HUBS

The state's regional recovery hub network launched in 2020 as a partnership with Indiana Recovery Network, a subsidiary of Mental Health America of Indiana.

Since 2020, **over 186,900 services** have been provided by Indiana's 20 hubs, including individual peer support, group peer support, and referrals to treatment, housing, and transportation.

RECOVERY HUBS SERVICES

- Individual Peer Support
- Group Peer Support
- Combined Referrals
- Transportation Provided



MEDICAID COVERAGE

In 2018, the Centers for Medicare and Medicaid Services (CMS) approved an extension to Indiana's existing Section 1115 Medicaid demonstration waiver, expanding coverage for a full-range of substance use disorder treatment services to Hoosier Medicaid members.

Over 450,000 Medicaid members have accessed SUD treatment since the waiver went live in 2018.

2.1 MILLION

Hoosiers have access to treatment for substance use disorder under the Section 1115 Medicaid waiver

TREATMENT OPTIONS

OPIOID TREATMENT PROGRAMS

Opioid treatment programs (OTPs) provide medication in combination with counseling and behavioral therapy often known as medication-assisted treatment (MAT). These programs provide a holistic approach to the treatment of opioid use disorders.

As part of his 2017 agenda, Governor Holcomb set out to ensure access to an OTP within a **one-hour drive of every Hoosier**.

- Since 2017, Indiana has opened **11 OTPs**, bringing the statewide total to **24**. Two additional OTPs are set to open in 2024.
- On average, **14,000 Hoosiers** are served annually by OTPs.
- The average mileage a patient travels to receive treatment at an OTP is **16 miles**.

MEDICATION TO TREAT OUD

Partial opioid agonists are substances that produce opioid responses in cells but at a lesser capacity than full agonists. Partial agonists, like buprenorphine, offer several benefits for managing opioid use disorder, including reducing withdrawal symptoms and the risks of overdosing or returning to opioid misuse.

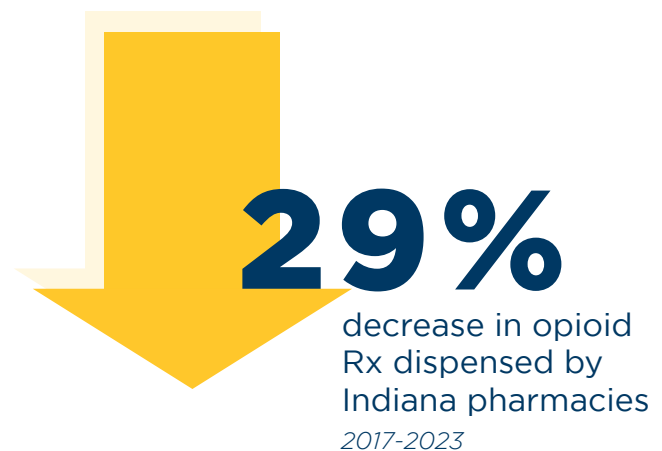
- Opioid partial agonist prescriptions dispensed from Indiana pharmacies **increased 115.8%** from 408,654 to 882,158 since 2017.
- Opioid partial agonist prescriptions written by Indiana practitioners **increased 130.1%** from 362,504 to 834,323 since 2017.

OUTPATIENT TREATMENT

- The total number of outpatient addiction treatment providers has increased by **8%** since 2017.
- **302 providers** are certified by the Indiana Family and Social Services Administration's Division of Mental Health and Addiction to provide outpatient addiction treatment.

INPATIENT TREATMENT

- **Nearly 2,900 residential beds** are available, specializing in treatment for substance use disorder. This is a **385% increase** over the number of beds available in 2017.
- In 2017, Indiana had roughly **600 residential treatment beds**.



PREVENTION

COMMUNITY-BASED PROGRAMMING

- DMHA's Prevention Bureau funded **44 community-based agencies** and **four colleges** to implement primary prevention strategies.
- Community-based grantees reached **over 76,000 individuals** through direct programming and **3.2 million individuals** through indirect strategies and messaging campaigns, resulting in decreased substance use among teens and increased knowledge of safe medication use and disposal among older adults.

SUICIDE & OVERDOSE FATALITY REVIEW

Suicide and Overdose Fatality Review (SOFR) teams are multi-disciplinary, county-led teams that analyze relevant data to identify missed opportunities for prevention or intervention, and how practices and procedures can be improved to prevent future deaths by suicide or overdose.

The Indiana Department of Health provides technical assistance to SOFR teams to build and maintain teams and implement recommendations. Indiana currently has **32 teams** that review **about 600 deaths per year**.

OUTREACH

NALOXONE DISTRIBUTION

- In partnership with Overdose Lifeline, Indiana has distributed **over 578,000 doses of naloxone** since 2020.
- In 2023, Overdose Lifeline distributed on average **24,000 doses of naloxone** each month.
- Through the State Opioid Response grant, Indiana has funded the placement of **430 NaloxBox units** and **18 naloxone vending machines** statewide.
- Since 2016, the Indiana Department of Health has distributed an estimated **230,000 doses of naloxone** to **85 local health departments** statewide. In the ninth and most recent round of funding, **53,130 doses** were distributed to **58 local health departments**.
- Since 2017, the Indiana Department of Health has distributed **over 27,000 doses of naloxone** to rural first responders in **53 counties**. In the most recent round of funding, **6,022 doses** were distributed to **100 rural first responder agencies**.

MOBILE INTEGRATED RESPONSE

Mobile Integrated Response Systems (MIRS) teams identify individuals in need of services for SUD through justice involvement, emergency department interaction, community referrals, and outreach efforts within 72 hours of system contact, and connect them to the full spectrum of treatment and recovery services.

- Over **16,000 individuals** across 30 counties have been served by Indiana's 11 MIRS teams since June 1, 2019.
- The most common services utilized by clients include case management, recovery support services, treatment planning, screenings, referrals to treatment, and peer coaching.

SYRINGE SERVICE PROGRAMS

Syringe service programs (SSPs) are fixed or mobile places where individuals can receive sterile syringes and other supplies necessary to safely inject and properly dispose of used syringes. SSPs also provide referrals to health and social services.

Governor Holcomb signed **HEA 1438** into law in 2017, allowing municipalities to establish SSPs without state approval.

- Indiana currently has **eight counties** with active SSPs.
- Since April 2015, these SSPs have provided services to **more than 20,700 individuals**, representing approximately **108,300 visits**.
- Since 2017, SSPs have made over **1,515 referrals to mental health and SUD services** including treatment and peer support.

NON-SYRINGE HARM REDUCTION PROGRAMS

Non-syringe harm reduction partners provide or refer individuals to health and social services but do not have legal authority to provide syringes.

- Indiana currently has **25 non-syringe harm reduction partners**, up from 16 in 2022.
- In 2022, an **estimated 19,300 individuals** were served by Indiana's 16 NSHRPs.

HARM REDUCTION STREET OUTREACH

- **10 Harm Reduction Street Outreach (HRSO) teams** consist of two members and a supervisor who hand out harm reduction kits and are available to connect individuals to treatment and recovery resources.
- Teams have distributed over **38,800 harm reduction kits** across 110 zip codes since January 2022.

RECOVERY HOUSING

RECOVERY RESIDENCES

- The Indiana Division of Mental Health and Addiction has **87 active certified recovery residence operators**, operating 161 recovery residential settings with **over 2,060 beds**.

OXFORD HOUSES

Oxford Houses are self-supporting, substance-free homes for individuals in recovery. Indiana implemented the Oxford House model in 2018.

- Indiana has **94 Oxford Houses** with over **730 beds**.

COLLABORATIONS

COMMUNITY CATALYST

In 2022, the Indiana Family and Social Services Administration awarded **\$54.8 million to 37 organizations** to enhance the quality, integration and access of mental health prevention, intervention, treatment and recovery services across the state. The \$54.8 million provided in these grants includes **\$22.3 million of local and grantee match dollars** as well as **\$32.5 million in federal funds**. These funding infusions are intended to build out the care continuum and improve mental health and substance use disorder outcomes for many local and diverse organizations.

COMMUNITY COALITIONS

Our goal is to foster and support strong local collaboration to help attack the drug epidemic in communities across the state and promote recovery on the front lines of the crisis.

- In 2019, Indiana committed to provide **\$1.5 million** in support for **10 coalitions** throughout 2019 and 2020.
- In 2022, **21 counties** received **up to \$100,000** to fund community coordinators to manage and organize initiatives, community needs assessments and action plans, and the development and support of local coalitions and collaborations.

INDIANA MENTAL HEALTH AND ADDICTION CONFERENCE

In June 2023, **over 900 registered attendees** participated in the inaugural Indiana Mental Health and Addiction Conference, hosted by the Indiana Family and Social Services Administration in partnership with the Indiana Recovery Network. The two-day conference featured **10 plenary speakers** and **more than 40 breakout presenters** who highlighted cutting-edge and innovative programs and initiatives in prevention, treatment, and recovery.

The conference takes place of the former Indiana Annual Recovery Month Symposium (INARMS) and the Indiana Recovery Community Summit, combining audiences for the largest addiction and mental health conference in Indiana. The inaugural event garnered **20 sponsors**, representing local, state, and national organizations.

HUNTINGTON COUNTY COMMUNITY CORRECTIONS

Community Catalyst Grant Recipient

In 2022, Huntington County Community Corrections received a **\$1.7 million Community Catalyst Grant** from the Indiana Family and Social Services Administration. The grant is intended to create two new alternative on-campus sentencing programs at the O'Donnell Center at Victory Noll: the Restorative Residential Work Release Program and the Transitional Housing Program. This is an expansion of existing alternative sentencing efforts initiated in 2017 when the Our Lady of Victory Missionary Sisters convened human service providers in Huntington County to determine how they could repurpose the 13-acre nunnery to meet the needs of the community.

The Victory Noll campus has since been repurposed to host the O'Donnell Center, offices for Huntington County Community Corrections and the Emergency Management Agency, operations for the combined city-county Public Safety Dispatch, and a Parkview Behavioral Health Institute - Park Center treatment facility, achieving the ultimate goal of providing quality credentialed mental health and substance use programming through a 24-7-365 facility.

Huntington County Community Corrections completed its first resident intake on December 21, 2022, and in the first quarter of 2023, successfully discharged its first resident while still engaging them in treatment.

Through a partnership with the Parkview Behavioral Health Institute, residents at the O'Donnell Center can receive Intensive Outpatient Treatment, on-site addiction recovery counseling, comprehensive mental health services, and case management services. A local company, Bendix, is donating and creating a computer lab while the local Purdue Extension Office is offering courses for residents to obtain higher education and seek employment.

OPIOID SETTLEMENT

The State of Indiana is anticipated to receive an estimated \$918 million from national settlements with opioid manufacturers and distributors over an 18-year period, not including the Purdue Pharma bankruptcy. House Enrolled Act 1193, passed by the Indiana General Assembly and signed by Governor Eric J. Holcomb in March 2022, creates a 50/50 state and local split and defines the intensity metrics that determine how much money each locality receives.

In 2022, the State Budget Committee approved the Indiana Family and Social Services Administration's plan to dedicate its 2022-2024 abatement fund distributions, totaling \$52 million, to a match grant opportunity, the expansion of recovery residences and harm reduction street outreach teams, and operational support for Hope Academy Recovery High School, among other priorities.

OPIOID SETTLEMENT MATCH GRANT

Indiana awarded a total of **\$19 million** in one-time funding to support evidence-based prevention, treatment, recovery and harm reduction services, expand the behavioral health workforce and implement other services and initiatives across the state, to **30 local units of government, service providers, and community organizations**.

- DMHA received 78 proposals requesting a total of \$93 million in response to the grant. Local units of government were required to provide match funds in order to qualify for funding. The services funded by these grants will reach Hoosiers in at least 28 counties.

CAPITAL EXPENSES FOR RECOVERY RESIDENCES

Indiana awarded a total of **\$4.7 million** in one-time funding to support capital expenditures for recovery residences, the first time DMHA has invested in capital for recovery housing. Using the National Opioid Settlement Fund allotted to the State, grants were awarded to qualified community organizations to purchase, build, renovate, or otherwise sustainably acquire a suitable structure for a DMHA-certified recovery residence.

- DMHA received 44 proposals requesting a total of \$25 million in response to the grant. A total of 206 beds will be added as a result of the grant.

LOCAL SPENDING

All local units of government that received funds from the National Opioid Settlement were required to report their use of funds received between July 31, 2022, and August 1, 2023, no later than September 15, 2023, to the state using an online reporting form. Of the 648 local units of government, 606 towns, cities, and counties reported their use of funds.

81% of local units of government reported that they had not yet expended, encumbered, or designated any abatement funds, and 87% had not yet expended, encumbered, or designated any unrestricted funds. The complete report is available at in.gov/recovery/settlement.

CITY OF FRANKFORT & CLINTON COUNTY

Opioid Settlement Recipients

Knowing that funds from the National Opioid Settlement would soon be coming to the City of Frankfort and Clinton County, local leaders convened a committee tasked with crafting a strategic spending plan for settlement funds. The committee met five times throughout November and December of 2022, engaging community members, recovery organizations, and addiction and mental health professionals to identify priorities and needs of the community.

Adopting a collaborative and comprehensive approach, the city and county pooled together their funds to address gaps identified by their community needs assessment. They committed the entirety of their funds, including unrestricted dollars, to combatting the drug epidemic in their community, allocating over \$160,000 to a dozen community organizations and agencies.

The Frankfort City Council, Clinton County Council, and Clinton County Commissioners unanimously accepted the recommendations of the settlement committee. The State also awarded the community a \$452,000 match grant to expand One80 Recovery Resource's men's recovery residence.

JUSTICE SYSTEM

JAIL TREATMENT

- In partnership with the Indiana Sheriffs' Association, the state has committed **\$7 million** to implementing evidence-based treatment into jails across the state.
- Since transitioning to the DMHA Electronic Billing System in December 2021, **2,050 unique patients** have received evidence-based treatment for mental health and substance use disorder across **34 participating county jails**.

RECOVERY WORKS

- Recovery Works focuses on pre-incarceration diversion services and post-incarceration reentry services, aiming to divert low-level offenders from incarceration to community services and is proven to reduce recidivism by 20%.
- Recovery Works provides support services to those without insurance coverage who are involved with the justice system.
- In SFY 2023, Recovery Works expended **over \$23.7 million** reimbursing mental health and substance use disorder services for over 4,300 newly enrolled consumers.
- A Wayne State University study of individuals three-years pre-Recovery Works enrollment and three-years post-Recovery Works reported:
 - A **5.7% reduction** in the prevalence prison incarceration
 - A **9.8% reduction** in the prevalence of arrest
 - A **7.7% reduction** in the prevalence of any incarceration

DEPARTMENT OF CORRECTION

The Indiana Department of Correction has overhauled its Recovery While Incarcerated (RWI) program from a one-size-fits-all, court-ordered time-cut program to an individualized treatment model.

- Since July 2021, **over 5,100 individuals** have completed the RWI treatment program. This includes over 4,800 adults and 300 youth.
- The IDOC Transitional Healthcare Division has linked over **11,000 released offenders** with community-based addiction treatment providers.
- Through a partnership with Overdose Lifeline, Inc., **over 24,000 individuals** have received a naloxone kit upon release from a DOC facility.

REENTRY SUPPORTS

Indiana launched in July 2022 the Integrated Reentry and Correctional Support (IRACS) pilot program, connecting incarcerated individuals with certified peers for reentry support and wraparound services.

- More than **3,800 incarcerated individuals** have been served across five pilot jails in Blackford, Daviess, Dearborn, Delaware and Scott counties.
- An incarcerated individual who does not engage with an IRACS peer before reentry experiences **88% reduction** in odds of having a successful discharge compared with a participant who reenters the community with time to engage with an IRACS peer or who continues incarceration after engaging with a peer.

ENFORCEMENT

INDIANA STATE POLICE SIGNIFICANT SEIZURES

Indiana State Police has a full time interdiction detail that operates from the Drug Enforcement Section (DES). Its primary focus is to conduct criminal interdiction efforts on the main arteries of Indiana to disrupt the flow of illegal drugs and other contraband from reaching our communities.

Reporting Period: January 2017 to September 2023

**Since October 2022*

- Marijuana - 23,486 pounds
- Heroin - 325 pounds
- Methamphetamine - 2,058 pounds
- Cocaine - 1,189 pounds
- Fentanyl - 170.6 pounds
- Fentanyl Tablets - 87,525*
- U.S. Currency - \$32,200,326
- State Search Warrants - ~1,425

MATERNAL SUBSTANCE USE

PREGNANCY PROMISE PROGRAM

- Free, voluntary program for pregnant Medicaid members who use opioids or have used opioids in the past
- Connects individuals to prenatal and postpartum care, other physical and mental health care, and treatment for opioid use disorder during the prenatal period and for 12 months after the end of pregnancy.
- **Over 680 individuals** enrolled and **478 infants** born across **86 counties** since the program's launch in 2021.
- **Over 4,000 individuals** have been identified as potentially eligible and outreached since July 2021.

MY HEALTHY BABY

My Healthy Baby, Indiana's OB navigator program, is now in all 92 counties. The program provides local home visitation and family support to eligible women during their pregnancy and through the first year of their baby's life.

- Since launching in one county in 2020, My Healthy Baby has **reached out to over 115,000 women, had conversations with almost 35,000 women, and referred 15,000 women** to local programs that provide individualized support and guidance during pregnancy and for at least the first year after the baby is born.

Substance use disorder was the most common contributing factor, contributing to **43%** of all pregnancy-associated deaths in Indiana in 2020. Overdose, both accidental and undetermined intent, was overwhelmingly the leading cause of death, accounting for **30.4%** of all pregnancy-associated deaths in 2020.

NEONATAL ABSTINENCE SYNDROME

- Indiana began testing babies for drug exposure at four hospitals in 2016. In 2022, **71 out of 84** birthing hospitals were participating through data submission
- About **19% of newborns** delivered at the participating hospitals in 2022 were tested for drug exposure compared to 16% in 2018. Of those tested, **36% of newborns** were positive for drug exposure in 2021 compared to 36% in 2018.
- In 2022, **about 10 per 1,000 live births received a Neonatal Abstinence Syndrome (NAS) diagnosis**, accounting for about 653 cases. This is a **decrease from 2021** (997 cases) **and 2020** (920 cases).

CRISIS RESPONSE

Indiana has used the arrival of 988 to invest in a broader crisis response system to help all Hoosiers. The launch of the 988-dialing code on July 16, 2022, was just the start of a transition, and will ultimately include more than just someone to contact at a 988 center, but also someone to respond and a safe place for help.

- **Four mobile crisis pilot programs** have been established, **covering sixteen counties**, expanding access and the interoperability of 988 and Mobile Crisis through dispatch
- In June of this year, FSSA announced **\$57 million** in Crisis Receiving and Stabilization Services grants to **15 community mental health centers covering 69 counties** across the state.



- Indiana's five crisis centers have maintained a nation-leading in-state answer rate of **more than 90%** since November 2022.

