

Paraprofessionals Training Part 5

COVID-19

by

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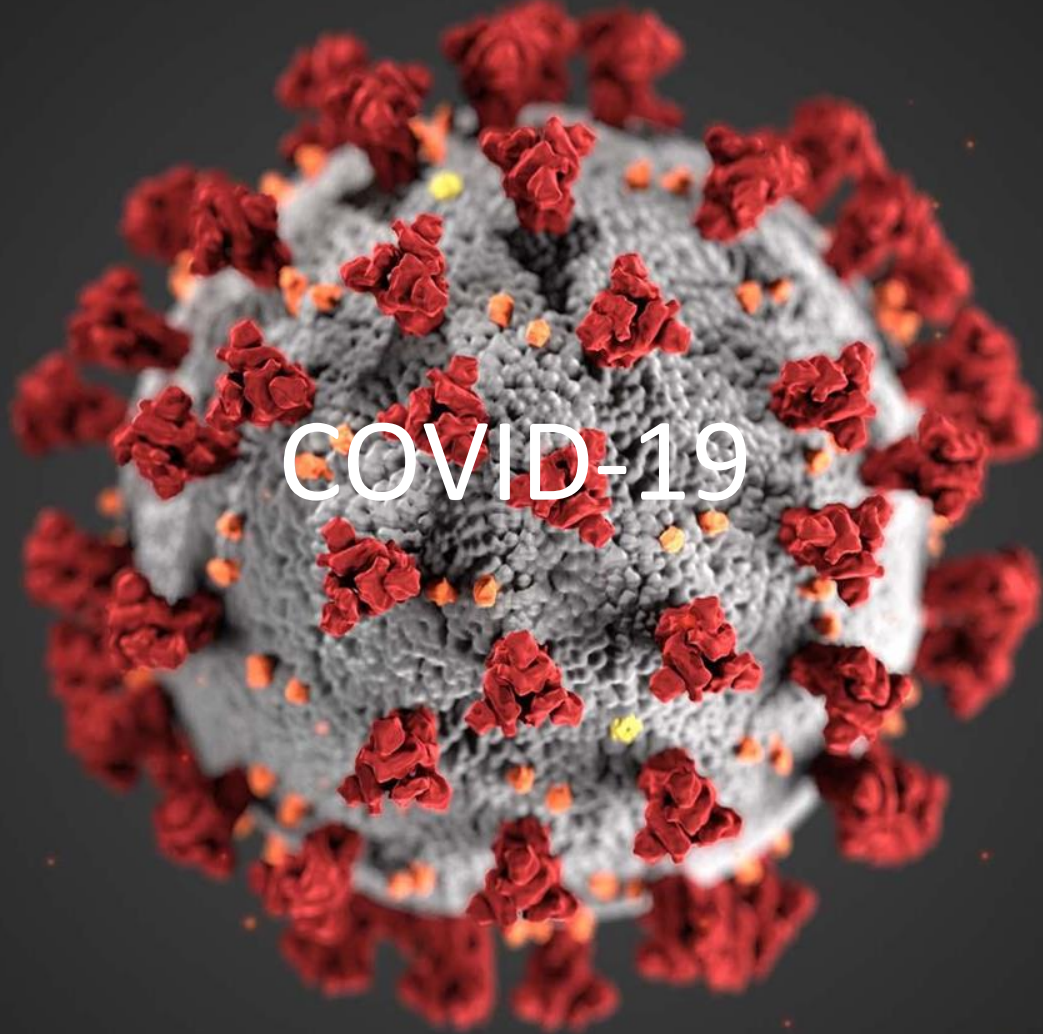
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UNIVERSITY OF INDIANAPOLIS

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Health



COVID-19

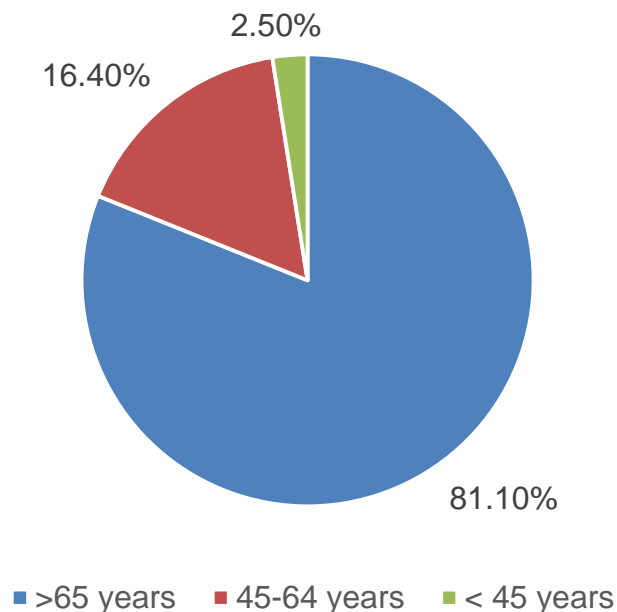
Objectives

- Describe the risks associated with COVID-19
- Understand how COVID-19 is spread
- Recognize the symptoms of COVID-19 and how it spreads
- Describe steps to take to prevent the spread of COVID-19
- Describe impact of screening
- Understand the importance of appropriate use of PPE
- Describe cohorting and red, yellow, green areas
- Discuss impact of COVID-19 vaccinations

COVID-19

- COVID-19 - Not just a cold or the flu
- Over 450,000 deaths as of 1/15/2020
- 81% of deaths in people >65 years old

Deaths related to COVID-19



COVID-19 Risks

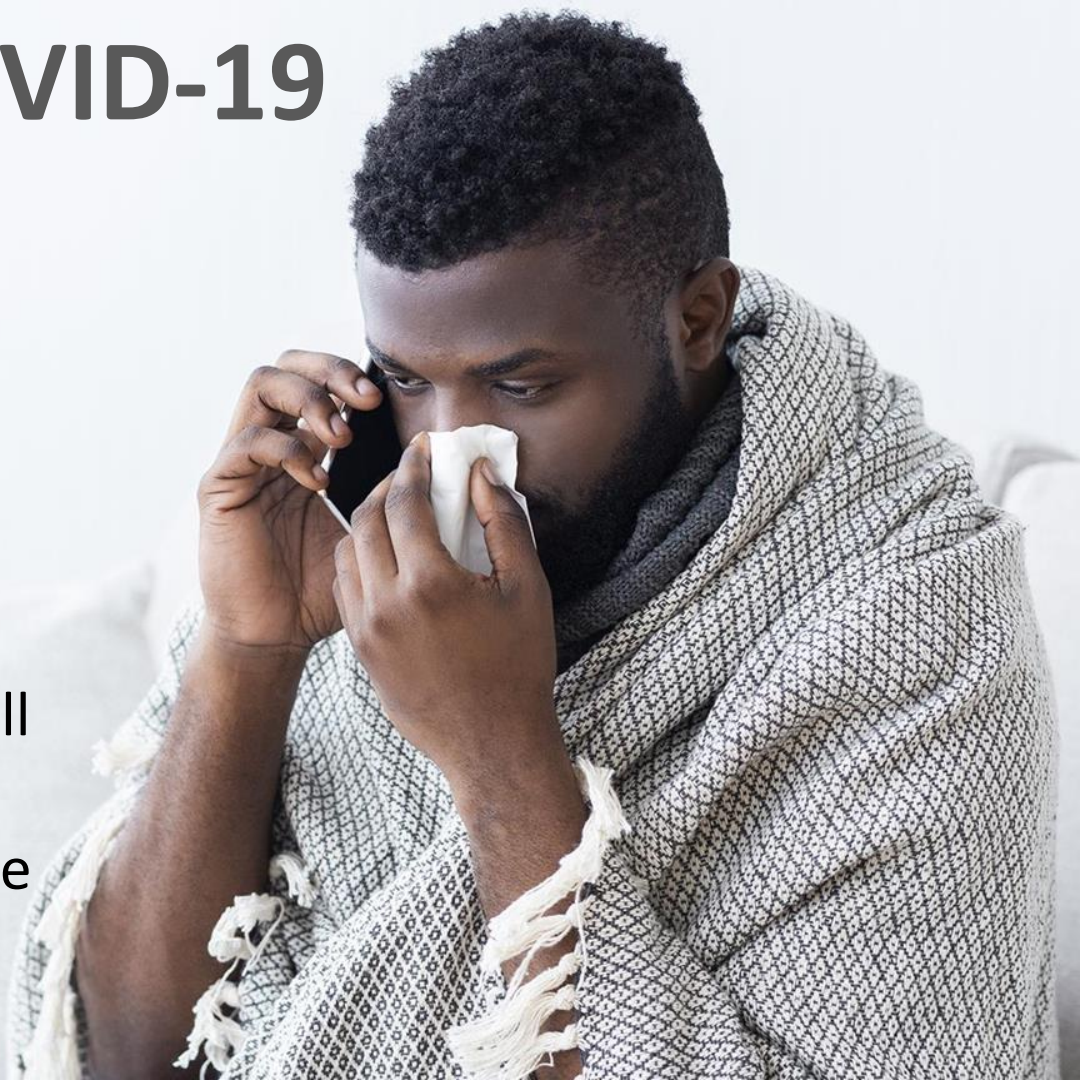
COVID-19 not only causes short-term illness, and in some cases death, it can have long-term effects on those who recover.

Surviving COVID-19 does not mean there are not long-term effects



Symptoms of COVID-19

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea





How COVID-19 is Spread

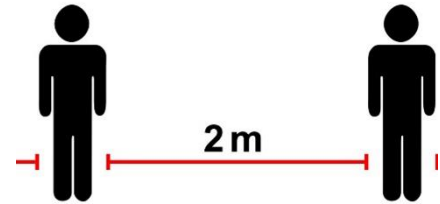
- COVID-19 is mainly spread through respiratory droplets
 - It can be spread by contact with surfaces

Prevention

You can prevent the spread of COVID-19



**Physical
Distancing**



Screening



Personal Protection Equipment



Mask

At all times when in facility. Except when eating or drinking
N95 recommended when caring for COVID-19 residents



Protective Eyewear

When caring for residents in all areas



Gloves

Caring for residents in transmission-based precautions and when touching body fluids, non-intact skin or mucus membranes
Change after each use



Gown

Caring for residents in transmission-based precautions, or providing high-contact care or potential for splash or sprays exist

Cohorting



Red- COVID-19
positive



Yellow-unknown COVID-
19 status or suspected
COVID-19



Green – COVID-19
negative, no
suspicion

COVID-19 Vaccination





You can help
stop the
spread of
COVID-19