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To: Staff of Area Agencies on Aging, waiver providers and Adult Protective Services

From: Sarah Renner, director, Division of Aging

Re: COVID-19 Resources for older adults and their families

Date: April 2, 2020

The Division of Aging would like to provide the following COVID-19 resources from the Centers for Disease Control and Prevention and Purdue University for older adults and their families. The last resource provides a listing of pharmacy drive-thru and delivery services.

Please select the educational resource(s) most appropriate for your client and/or caregiver and provide them with a hard copy. Review key points and assist as necessary with the following:

- 1. Using everyday preventive actions to protect themselves and others from getting the infection
- 2. Knowing the symptoms and warning signs, and who to call if they get sick their medical provider, and if unavailable, the local health department (provide phone number)
- 3. Planning ahead to ensure adequate food
- 4. Planning ahead to ensure an adequate medication supply
- 5. Preparation of an emergency contact list

Resources

- Get Your Home Ready CDC
- If You Are Sick With COVID-19 CDC
- How to Protect Yourself CDC
- Get Ready for COVID-19: For People Who Are At Higher Risk CDC
- Indiana Pharmacy Social Distancing Options Purdue University