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Division of Aging

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Reimbursable services Adult Day Service providers continue to provide to waiver participants

Please see the below information regarding reimbursable activities during this time of temporary facility closure. These activities reflect a variety of services that include temporarily transitioning to another provider type and/or enrichment activities that may be reimbursed when rendered virtually. We will continue to navigate these uniquely uncharted times together by staying in communication about participant and staff health as well as agency finance updates. If you have questions about the attached guidance document, please reach out to Darcy Tower at darcy.tower@fssa.in.gov.

Enroll as alternative provider for:

Activities that occur in an individual's home must be billed using the below provider types/rates.

(1) Attendant Care

- Assist with hands-on activities of daily living (bathing, dressing, eating, toileting, medication assistance as able under Indiana law).

(2) Home and Community Assistance (Homemaker)

- Assist with errands and delivering groceries, bill pay, yard maintenance, food preparation.

(3) Home Delivered Meals

- Prepare and deliver meals to waiver participants.

(4) Unskilled Respite

- Respite services are attendant care and home and community assistance services provided temporarily or periodically in the absence of the usual caregiver. Service may be provided in the participant's home or in the private home of the caregiver.

(5) Integrated Health Care Coordination

- Medical coordination provided by an RN, LPN or LSW to manage the healthcare of the individual including physician consults, medication ordering, and development and nursing oversight of a healthcare support plan.



- The purpose of healthcare coordination is stabilization, delaying/preventing deterioration of health status, management of chronic conditions, and/or improved health status.

Virtual Enrichment Activities for Adult Day Participants

This should be used for those participants who have the technology and are responsive to these activities.

Technology may include phones or iPad or other similar technology

Virtual adult day activities may be billed using the adult day service and rate.

(1) Participant Wellness Checks

- Contact ADS participants by phone daily, bi-weekly or weekly based on ADS participants needs.
- Utilize technology devices such as phones or iPad and conduct Facetime checks (include the following).

Physical Health

- Seeing doctor(s) regularly.
- Taking prescribed medications on schedule.
- Exercising.
- Eating nutritious meals regularly.
- Getting enough sleep.
- Not misusing alcohol or drugs.

Social Health

- Seeing family and friends on a regular basis.
- Keeping up with at least one enjoyable.
- Having fun at least once a week.

Emotional Health

- Receiving ongoing emotional support from at least one person to reduce social isolation.
- Have at least one outlet for stress (e.g., an enjoyable activity, confiding in someone, writing, exercise, meditation or relaxation techniques) that is used regularly.
- Utilize nursing staff to conduct weekly or bi-weekly in-home checks with participants to ensure vitals, blood pressure, blood sugar levels, etc. are monitored (when necessary).

(2) Informal caregiver wellness checks and support

- Contact ADS participants by phone daily, bi-weekly or weekly based on ADS participants needs.
- Utilize technology devices such as phones or iPad and conduct Facetime checks (include the following).

Physical Health

- Seeing doctor(s) regularly.
- Taking prescribed medications on schedule.
- Exercising.
- Eating nutritious meals regularly.
- Getting enough sleep.
- Not misusing alcohol or drugs.

Social Health

- Seeing family and friends on a regular basis.
- Keeping up with at least one enjoyable activity.
- Having fun at least once a week.

Emotional Health

- Receiving ongoing emotional support for the caregiving situation from at least one person.
- Have at least one outlet for stress (e.g., an enjoyable activity, confiding in someone, writing, exercise, meditation or relaxation techniques) that is used regularly.
- Understanding that typical emotional responses to caregiving include denial, anxiety frustration, anger, guilt, shame, and grief.
- If unable to handle difficult emotions, caregiver will get help.

Caregiving Health

- Understands participant's diagnosis and prognosis.
- Understands what type of care participant needs and has a plan to provide it.
- Develop plan for the future as participant needs changes and/or know where to get help making a plan.
- Asking for, and accepting, help from family, friends, neighbors, members of community, and professionals.
- In regular contact with other caregivers.

(3) Health education (safety tips for wellness during COVID-19)

- Appropriate handwashing technique.
- Social distancing reminders.
- Strategies to improve social isolation.
- Reminder to have regular temperature checks.

(4) Nutrition education

(5) Adult Day staff assistance with virtual tours of national museums, zoos and national historic sites

(6) Adult Day staff assistance with virtual library. Reading a book together. Book club discussion

(7) Telephone bingo

(8) Music: sing-alongs

(9) Arts and crafts activities Senior happy hour

(10) Good Times Café: while eating lunch from home, chat with the adult day staff and have some light-hearted fun

(11) Fitness Classes

Adult Day “Fit, Fab, Fun” Care Package

This activity may be billed under “health care coordination”

Stay connected by sending participants an adult day version of a “fit, fab, fun” care package.

This may contain:

- Customized cards of inspiration with which participants can decorate an area of their living space, or they can share with a friend;
- Short books to engage their minds, make them think and respond;
- Games to encourage participants to engage in social interactions with whomever they can;
- Items specific to their hobbies or passions;
- A healthy snack;
- Stationery and a new pen. Encourage an exercise of gratitude by writing a “thank you” note to anyone they see on a regular basis but maybe do not express gratitude in a formal way;
- Photos and notes from adult day staff;
- Health education;
- Nutrition education.