

# **Indiana Behavioral Health Commission - Report Subcommittee**

### Meeting Minutes for Thursday, March 24, 2022

10:30 a.m. - Noon, adjourned at 12:10 p.m.

#### **Minutes**

# **Report Subcommittee Members Present:**

Jay Chaudhary K. Norris C. Negendank S. McCaffrey B. Scott R. Lay

### **Report Subcommittee Members Absent:**

J. Yoder L. McGrath

### **Guests:**

Rebecca Sigafus Denise Baker Kelby Gaw

A copy of the agenda is posted to <a href="https://www.in.gov/fssa/dmha/indiana-behavioral-health-commission/">https://www.in.gov/fssa/dmha/indiana-behavioral-health-commission/</a>.

### The following items were discussed:

#### **Item 1: Welcome & Introductions**

Overview of meeting purpose:

- Goals for the meeting were shared and included:
  - The intent for the group is to take raw recommendations and package them in a way to resonate with law makers and the public.
  - o The overall framework has been drafted for the Commission Report. This will be reviewed during the meeting for feedback and recommendations.

- Establish a plan for the structure and format of the Commission Report so writing can begin.
- A walk through of framework design and ideas for content. Options and recommendations for layout/flow will be discussed.
- o Goal today is to get to a point where this group will not have to meet for at least 6 weeks, using email to address questions and gather input

#### **Item 2: Recommendations Discussion**

- Recommendation Action Items-Next Steps include:
  - o There will be a letter from Gov and perhaps others (up to 3)
  - Spotlight Commission members. Preference for self-written statements as to why the Commission and recommendations are important vs a bio;
  - Letter from Commission Chairperson to frame the project, including a description of the work and challenges; cost of mental health overview...
  - A slide deck and illustration on methodology of the cost of untreated mental health will be included and kept simple and easy to understand.
  - Framework include the historically the focus has been on top of pyramid (SMI/SED/SUD), This project looks at the entire picture, all Hoosiers, the entire Pyramid. Suggest this be highlighted throughout the report.
- Recommendation regarding the format and content of the Commission Final Report
  - o Part I Recommendation—Building and Funding Sustainable Structures
    - Recommendation 1. Crisis Now model/ "someone to call" (988); Somewhere to go- crisis stabilization facility/units.
      - Propose a surcharge to cover 988 and HAF to cover addition of crisis stabilization beds.
      - Recommendation to expand "a place to go" via use of the Hospital Assessment Fee (HAF) – taxes to support the expansion of crisis stabilization beds.
    - Recommendation 2. Endorse CCBHC with report on it to come in future.
  - Part 2. Recommendation Overall Hoosier Wellbeing (all recommendations under this heading)
    - This considers all Hoosiers Mental Health Literacy –systemic approach across life span; addresses health disparity
    - Recommendation to add an additional recommendation under Overall Hoosier Wellbeing to address the linkage between primary care and behavioral health specialty professionals
      - Consider Washington State model which mandates insurance companies to fund adult and peds access programs, which are legislatively mandated. This would require legislation to require MCOs to fund linkage.
      - Consider potential recommendation to establish a pilot
  - Part 3. Determine what language to use to capture the intent of this section (capture the remaining recommendations)
    - Criminal Justice needs to be own section

- Workforce has to be noted.
- Determine how best to recognize all of the recommendations submitted by the workgroups
- Recommendation to reference the work done by the Commission on Kids
  - Consider recommendation of a taskforce to address the lack of residential services for non DCS kids
  - Suggest including in the report, the lack of mental health residential for youth and that it needs to be reviewed/considered.
- Other commissions take the approach to extend the commission to address other issues they have not been able to address (other key issues). Recommend extending the commission for another 2 years to address the other key issues is an option.
- There are several complicated issues that need more attention, such as residential and parity.
- Recommend assessing the work being done by other commissions to avoid duplication and support other's work

### Item #3 Project Plan Review/Update (due to time constraints, this item was not discussed)

#### **Review of Subcommittee Elements Table**

- A table which represented a crosswalk of requirements of SEA 293, and what was addressed/not
  addressed within the Commission and workgroup meetings. (minutes/videos) was reviewed and
  discussed
  - Due to the shortened timeframe (Covid-19 delay) and the large ask, not all elements were able to be addressed.
  - o Recommendation to ask for an extension on the Commission to address and/or delegate targeted areas of focus to most appropriate agency/group to lead work.

## Item 4: Review of Reporting Outline/Template

#### **Questions for Report Subcommittee Members**

- Start with ART
  - Looking for local consumer art
  - O Suggest art representing chaos in beginning then clarity at the end... Marketing/graphic team will use colors/design throughout report
  - Suggest clean nothing gaudy
- Walk through proposed Table of Contents
  - o Open with letters from Commission Chair, maybe Governor/legislators
  - Executive Summary Decision include in report, but write to be a standalone document too. Intro- summary of SEA
- Consumer story Ray will tell his story asked Ray to address the "Why"
  - Consumer voice critical
  - o Requested that Ray include his thoughts on if he would have benefited from the recommendation, if applicable, please mention them
- Commission members were asked if they would be willing to do headshots for the report

- o Group response-Yes
  - There will be reach out to the rest of the Commission for headshot and short write up
  - Title and organization and personal statement from each on the importance of why they are on the commission.
- Process Description –Recommend how the work was done, how groups were determined, workgroup charge and workgroup members
- Part/Phase 1 Building a Sustainable Infrastructure and Bridge to Future change to Building Sustainable Structures
  - o Chair will get with SMEs add content as applicable.
  - o Need to determine final language/terms to reflect intent
  - Recommendations
    - 988/Crisis Now Model
    - Crisis Stabilization beds
    - CCBHC
    - Criminal Justice
- Discussion on how to lay out all recommendations. Recommendation to include "recommendation document" in appendix and not identify them by subgroup in the body of the report.

# **Item 5: Closing Comments and Next Meeting**

- Continued discussion and input will be conducted via email
- Next meeting in approximately 6 weeks