

Connect with Indiana's State Parks, Reservoirs and State Forests in a more meaningful way, by earning your Challenge Patch. This program is designed to get you outside, get your hands dirty, and help you to find your own ways to experience Indiana's natural and historic heritage.

Complete the activities listed inside this pamphlet. Each time you finish an activity, have the property's interpreter sign and date your pamphlet. Once you finish all of the requirements, you will get a Challenge Patch for the suggested donation of \$1 to offset costs of the program.

Each person must complete his or her own requirements to earn a patch. There are no age limits, as long as the individual working on the patch completes the work. People of all abilities are welcome to participate.

When you finish the Challenge Patch, ask the interpreter for more opportunities in the Explore program.

Have fun!

Indiana's DNR supports the Indiana Children's Outdoor Bill of Rights, which encourages children to get outside and play, explore and learn about their natural environment. Multiple studies show that getting outdoors for fresh air, exercise and time to explore helps children stay healthy, expands their minds and increases their level of curiosity. Furthermore, outdoor activities not only can lead to a healthier lifestyle now, but also can help young people learn to be good stewards of the environment for the rest of their

lives. Nothing can take the place of children exploring the natural world around them in a meaningful way.

Use the activities in this Challenge program to help you fulfill some and perhaps all of the activities listed in the Indiana Children's Outdoor Bill of Rights. Remember, despite the title, the Bill is not just for children. "Kids" of all ages will enjoy these activities, too, so get outdoors and get moving.



Indiana Children's
OUTDOOR
Bill of Rights

Get Outdoors — Get Playing
ChildrenPlayOutdoors.dnr.IN.gov

All Indiana children, regardless of ability, should have the right to:

- 1 Explore and play outdoors in a safe place.
- 2 Follow a trail and discover native plants, wildlife and history.
- 3 Experience traditional outdoor activities like fishing or hunting.
- 4 Discover and celebrate Indiana's past.
- 5 Camp under the stars.
- 6 Climb a tree.
- 7 Visit a farm.
- 8 Plant a seed or tree and watch it grow.
- 9 Splash and play in streams, lakes and ponds.
- 10 Enjoy the outdoors using all the senses.
- 11 Ask questions, find answers and share nature with a friend.

Developed by the Indiana Department of Natural Resources Division of State Parks & Reservoirs.



Ready to connect more with Indiana's State Parks and Reservoirs?

Earn your Challenge Patch



Indiana State Parks and Reservoirs
402 W. Washington Street Rm W298
Indianapolis, IN 46204
On the Web at:
StateParks.IN.gov
or
InterpretiveServices.IN.gov

DNR
Indiana Department
of Natural Resources



Attend four interpretive programs.

Property _____ Interpreter _____ Date _____

Property _____ Interpreter _____ Date _____

Property _____ Interpreter _____ Date _____

Property _____ Interpreter _____ Date _____

Volunteer at a park or reservoir for at least three hours.

Property _____ Interpreter _____ Date _____

Property _____ Interpreter _____ Date _____

Property _____ Interpreter _____ Date _____

Complete the requirements listed on this pamphlet. It may take several visits and various locations to complete all the activities you chose. There is no time limit, so relax and enjoy your time outdoors. Keep this pamphlet to record your accomplishments.

5 Pick Five of these Outdoor Skills 5

Cook a meal over a campfire

Date _____ Property _____ Interpreter _____

Camp for more than one night

Date _____ Property _____ Interpreter _____

Use a field guide to identify an organism

Date _____ Property _____ Interpreter _____

Photograph and identify the tracks of a wild animal

Date _____ Property _____ Interpreter _____

Participate in an invasive plant pull

Date _____ Property _____ Interpreter _____

Attend a special event at a property

Date _____ Property _____ Interpreter _____

Go hunting (be sure to have your license and permission)

Date _____ Property _____ Interpreter _____

Plant a seed or a garden

Date _____ Property _____ Interpreter _____

Take a bicycle ride through a property

Date _____ Property _____ Interpreter _____

Use binoculars to identify a bird

Date _____ Property _____ Interpreter _____

Find five constellations

Date _____ Property _____ Interpreter _____

Find a geocache

Date _____ Property _____ Interpreter _____

Safely start a fire with one match, in an approved location and with adult supervision

Date _____ Property _____ Interpreter _____

Go fishing (be sure to have your license and permission)

Date _____ Property _____ Interpreter _____

Identify a type of mushroom

Date _____ Property _____ Interpreter _____

10 Pick 10 of these Outdoor Experiences 10

Explore a cave or cavern

Date _____ Property _____ Interpreter _____

Ride a horse

Date _____ Property _____ Interpreter _____

Climb a sand dune

Date _____ Property _____ Interpreter _____

Swim in a lake (where permitted)

Date _____ Property _____ Interpreter _____

Take a boat ride

Date _____ Property _____ Interpreter _____

Tour a farm

Date _____ Property _____ Interpreter _____

Visit a park cemetery

Date _____ Property _____ Interpreter _____

Walk through a historic home or schoolhouse

Date _____ Property _____ Interpreter _____

Take a tour of a historic village

Date _____ Property _____ Interpreter _____

Walk across a covered bridge

Date _____ Property _____ Interpreter _____

Take a dip in a park pool or aquatic center

Date _____ Property _____ Interpreter _____

Splash in a stream

Date _____ Property _____ Interpreter _____

Cross a suspension bridge

Date _____ Property _____ Interpreter _____

Climb a fire tower

Date _____ Property _____ Interpreter _____

See a re-enactment

Date _____ Property _____ Interpreter _____

Find a fossil, but don't take it. Take a photo of it instead.

Date _____ Property _____ Interpreter _____

Discover more about military history

Date _____ Property _____ Interpreter _____

Walk through a rocky canyon

Date _____ Property _____ Interpreter _____

Visit a springhouse or remains of a springhouse

Date _____ Property _____ Interpreter _____

Take a toboggan ride

Date _____ Property _____ Interpreter _____

Visit a space memorial

Date _____ Property _____ Interpreter _____

Find an American bison and take a photo of it

Date _____ Property _____ Interpreter _____

Learn about a historic person at a park

Date _____ Property _____ Interpreter _____

Visit a park on the Ohio River

Date _____ Property _____ Interpreter _____

Visit a prehistoric mound

Date _____ Property _____ Interpreter _____

Spend the night in a State Park Inn

Date _____ Property _____ Interpreter _____

Visit a historic mill

Date _____ Property _____ Interpreter _____

See a hay press working

Date _____ Property _____ Interpreter _____

Visit a Native American site

Date _____ Property _____ Interpreter _____

Build a sand castle

Date _____ Property _____ Interpreter _____

Play a round of disc golf

Date _____ Property _____ Interpreter _____

Attend a live birds-of-prey program

Date _____ Property _____ Interpreter _____

Walk in a prairie

Date _____ Property _____ Interpreter _____

Find a glacial feature

Date _____ Property _____ Interpreter _____

Explore a wetland

Date _____ Property _____ Interpreter _____