

# EXAMPLE REPORT #1



George Junior Republic  
IN INDIANA

## Monthly Progress Report

June 2020

Case # [REDACTED]

Client [REDACTED]

County [REDACTED]

Parent: [REDACTED]

Child(ren): [REDACTED]

Referral Agency: County DCS

Case Mgr/ PO Name: [REDACTED]

Service Standard	Provider Agency Staff
Family Preservations Services - 3 Children	[REDACTED]

### Reason For Referral and Presenting Issues

According to the [REDACTED] Co DCS referral, "since COVID-19 restrictions have been in place FCM [REDACTED] has been unable to secure Parenting Assessment which was part of [REDACTED] IA. [REDACTED] had not been following through with services provided and FCM had a discussion with [REDACTED] about requesting a 3 month extension on her IA as 1. [REDACTED] had not been seeking and keeping appointments as instructed 2. FCM has been unable to secure the Parenting Assessment and services regarding any recommendations which may come from that assessment. Although [REDACTED] does not want to extend the IA, she agreed to the extension and as to the reasons discussed with her by FCM. FCM believes that [REDACTED] would highly benefit from intensive services as this is her 2nd child born testing positive for THC and [REDACTED] has discussed with FCM her need for better parenting skills and that she suffers from depression from past trauma.

By FCM observation, [REDACTED] still needs to complete a Parenting Assessment and is in need of services. Specific Objectives to be Accomplished: Appraise the needs of the children and the parents ability to meet those needs. Determine the skills and strengths of the parents, especially in terms of appropriately parenting the child. Evaluate the quality of the parent/child relationship. Gauge the presence, attainability, and appropriateness of supports available to the family. Identify any underlying needs that impact parenting. Make any recommendations.

### Family Functional Strengths

[REDACTED] has a rental home that she shares with her three children and her mother and her sister.  
[REDACTED] has the support of her mother and her sister who both help her with the care of her children.  
[REDACTED] mother currently provides the sole income in the household. She is the manager at [REDACTED] in [REDACTED].  
[REDACTED] currently uses Food Stamps, WIC, and food pantries to ensure her family has enough food in the home.  
[REDACTED] has her children on Medicaid for health insurance.  
[REDACTED] utilizes the medical facility of [REDACTED] and their point reward system for earning other needed items for her family.  
All of the children are registered for the [REDACTED] Head Start and Early Head Start program for whenever this program opens again after closing for COVID-19.

### Overall Recommendation and Progress Summary

GJR received the Family Preservation referral on June 3rd and was able to make first in-person contact on June 5th. CM [REDACTED] has met with [REDACTED] and her three children for ongoing sessions during the month of June. [REDACTED] has not missed any scheduled sessions with CM [REDACTED]. CM [REDACTED] has completed weekly safety checks during each week that she worked with this family. The only minor safety concerns noticed included not having a fire extinguisher in the home, and not having the number for the Poison Control Center posted in the home. [REDACTED] now has a fire extinguisher and has the number for Poison Control on her refrigerator. CM [REDACTED] also created the safety plan with the involved of [REDACTED] and FCM. A copy of this was sent to FCM within the required timeline. CM [REDACTED] has observed that [REDACTED] is very attentive for her children as she will ask her children if they need an item and will then go retrieve it for them. She also provides hugs and kisses freely to her children. However, CM [REDACTED] had observed that [REDACTED] appears to get agitated easily when her children do not listen to her. CM [REDACTED] has observed that [REDACTED] makes threats and does not follow through on those threats. Examples include: telling her two boys that if they did not lay back down for their naps she would turn the TV off or they would go to the corner. [REDACTED] did not follow through with the consequence until CM [REDACTED] pointed out her empty threats and encouraged [REDACTED] to be consistent in her parenting skills and consequences. [REDACTED] readily agreed that she is not consistent in her parenting skills. CM [REDACTED] also processed and reviewed the basics of 1-2-3-Magic with [REDACTED] and explained the testing and manipulation that her two boys are displaying. CM [REDACTED] provided suggestions to [REDACTED] on different 1-2-3 Magic interventions she could try including counting, and time outs. CM [REDACTED] utilized Motivational Interviewing to listen and affirm to

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and to focus on her current successful activities in her parenting. CM has been working with this month on improving her parenting skills by being consistent. has now improved greatly in being more consistent in her parenting skills and in utilizing the counting and time outs from 1-2-3 Magic parenting. CM has not observed any physical abuse of the children in the home during her sessions. CM has also worked with this month on identifying her triggers and increasing and implementing her coping skills and support system. According to the NCFAS, CM scored concerns in the following areas: Environmental risks, Parental Capabilities, Family Interactions, Child Well being, and Self-sufficiency.

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CM has processed with on her suggestions for the treatment plan and safety plan. has agreed to work on developing her parenting skills and stress management skills with CM. CM has also educated this month on community resources that can assist her now and in the future with any needs she may have. CM has also observed that already regularly uses Community Resources at her disposal as listed in the above strengths. has voiced being open to learning any skills that CM can teach her. CM utilized Motivational Interviewing to listen and affirm to and to focus on her current successful activities that is already doing in regard to her self care, using community resources, her parenting skills, and relapse prevention skills.

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For improving parenting, sobriety, and coping skills, CM recommends working with up to four hours a week. During these sessions, CM will work with on learning parenting techniques through 123 Magic Parenting curriculum and materials. To assist in improving her sobriety and coping skills, CM will work with on increasing and implementing her coping skills, building a bigger support system for assisting her in recognizing her triggers for drug use, and assisting in implementing a relapse prevention plan. CM will implement the use of Motivational Interviewing to develop relapse prevention plans, overcome obstacles, and develop change talk. CM will also ensure that is aware of how her emotions and depression can influence her desire to use illegal substances. CM feels is in the action stage of change as she is completing every task asked of her.

**Next Scheduled Contact With Family**

7/2/2020

**George Junior Republic in Indiana**

June 2020

765.677.3094

Date

This information has been Disclosed to you from records protected by federal confidentiality rules (42 CFR Part 2). The federal rules prohibit you from making any further Disclosure of this information unless further Disclosure is expressly permitted by the written Consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The Federal rules restrict any Use of the information to criminally investigate or prosecute any alcohol or drug abuse client.

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██████████ in applying for the child care vouchers. ██████████ also shared that she had not heard back from Head Start but that it did say on the voice mail that they are currently making the selection of the children for their program and will be contacting families soon if their children are selected. CM ██████████ then reviewed material on self care and assisted ██████████ in completing a self care assessment. ██████████ wrote down goals for each area of self care including: physical, and psychological. CM ██████████ utilized Motivational Interviewing to listen and affirm to ██████████ and to focus on her current successful activities that ██████████ is already doing in regard to her self care. CM ██████████ also processed with ██████████ on personal boundaries and how they relate to self care. ██████████ responded to this intervention by participating in the session. CM ██████████ will continue to assist ██████████ in completing her DCS related goals.

### Progress Summary Toward Goal

CM ██████████ has observed that ██████████ already regularly uses Community Resources at her disposal as listed in the above strengths. ██████████ has presented as friendly and cooperative to learning about all community resources.

### Family Cooperativeness

██████████ has presented as friendly and cooperative to learning about all community resources.

### Recommendation Regarding Services For Goal To Continue

GJR recommends this service continue to allow GJR to continue educating ██████████ on community resources that may assist her.

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### Treatment Service Goal

██████████ will increase the use of positive parenting skills to improve child supervision and well-being.

### Narrative Discussion of Services Provided for this Goal during Month:

CM ██████████ has been working with ██████████ this month on improving her parenting skills by being consistent. CM ██████████ has not observed any physical abuse of the children in the home during her sessions. CM ██████████ also processed and reviewed the basics of 1-2-3 Magic with ██████████ and explained the testing and manipulation that her two boys are displaying. CM ██████████ provided suggestions to ██████████ on different 1-2-3 Magic interventions she could try including counting, and time outs. CM ██████████ utilized Motivational Interviewing to listen and affirm to ██████████ and to focus on her current successful activities in her parenting.

6/11/2020 - ██████████ - Motivational Interviewing 1,2, 3 Magic - CM ██████████ met with ██████████ for the scheduled session. CM ██████████ created and completed the treatment plan and reviewed it with ██████████. CM ██████████ reviewed the safety plan with ██████████ as well. CM ██████████ also created and completed a budget with ██████████. CM ██████████ also processed and reviewed the basics of 1-2-3 Magic with ██████████ and explained the testing and manipulation that her two boys are displaying. CM ██████████ provided suggestions to ██████████ on different 1-2-3 Magic interventions she could try including counting, and time outs. CM ██████████ utilized Motivational Interviewing to listen and affirm to ██████████ and to focus on her current successful activities in her parenting. CM ██████████ also processed with ██████████ on the importance of using consistency with her children. CM ██████████ reviewed the safety check list with ██████████ to find out when she would be buying the fire extinguisher. ██████████ said she will try to do this over the weekend or early next week. ██████████ responded to this intervention by participating in the session. CM ██████████ will continue to assist ██████████ in completing her DCS related goals.

6/15/2020 - ██████████ - Motivational Interviewing 1,2, 3 Magic - CM ██████████ met with ██████████ for the scheduled session. CM ██████████ performed the weekly safety walk through check list. CM ██████████ then began processing with ██████████ on parenting concerns CM ██████████ observed with her parenting including her continuing to make threats and not follow through with those threats including threatening to place the children in the corner or to turn the tv off. ██████████ then does not follow through with the threat. CM ██████████ utilized Motivational Interviewing to listen and affirm to ██████████ and to focus on her current successful activities. CM ██████████ explained the basics of 1-2-3 Magic again to ██████████ and reviewed the testing and manipulation that CM ██████████ observes her boys doing. CM ██████████ provided suggestions to ██████████ on 1-2-3 Magic techniques for her to try including the counting and time out. CM ██████████ CM ██████████ then reviewed and processed with ██████████ on different worksheets from a Therapy aide web site related to parenting including a chore challenge sheet, a rewards and goal sheet, a gratitude jar activity, and creating a token economy. CM ██████████ and ██████████ then participated in a Family Team Meeting via video chat with FCM and ██████████ with Healthy Families. ██████████ voiced that she does wish to improve her parenting skills. CM Shay updated the team on what she has been doing with Trystan in regard to case management. FCM shared that ██████████ drug screens have been showing alcohol in them. FCM reiterated that ██████████ needs to have clean screens. The team discussed how ██████████ should try to improve and increase her social supports. FCM asked ██████████ if she could invite an informal support to her next Family Team meeting. CM ██████████ will also assist ██████████ in improving her self-care, following up with ██████████ to see if a start date for those services. CM ██████████ can also assist ██████████ in job searching and applying for jobs during sessions. FCM asked ██████████ to complete a profile on the Work One site to allow her to apply for jobs on that web site.

### Progress Summary Toward Goal

██████████ has now improved greatly in being more consistent in her parenting skills. The children also have begun to test her less and to obey ██████████ more quickly than in the beginning of this case.

### Family Cooperativeness

██████████ has presented as friendly and cooperative. CM ██████████ feels ██████████ is in the action stage of change as she is completing every task asked of her.

### Recommendation Regarding Services For Goal To Continue

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TEACHING

GJR recommends this service continue to allow GJR to continue assisting [REDACTED] in improving her parenting skills.

### Treatment Service Goal

GJR will provide timely reports, attend team meetings, probation meetings, and court as requested. GJR will coordinate services with other providers and collateral contacts as indicated. In addition GJR employees will staff case with supervisor, attend trainings, and do research as needed. CM [REDACTED] utilized Motivational Interviewing to listen and affirm to [REDACTED] and to focus on her current successful activities that [REDACTED] is already doing in regard to her self care, using community resources, her parenting skills, and relapse prevention skills.

### Narrative Discussion of Services Provided for this Goal during Month:

CM [REDACTED] has completed all required reports and has participated in a Family Team Meeting this month as well. CM [REDACTED] has staffed this case weekly with her supervisor and has kept FCM updated on [REDACTED] and her safety check lists, monthly budget, and other related information.

6/11/2020 - [REDACTED] - CM [REDACTED] completed all reports and documents due for this family.

### Progress Summary Toward Goal

[REDACTED] has met with CM [REDACTED] for all scheduled sessions this month. [REDACTED] has also participated in a Family Team Meeting this month.

### Family Cooperativeness

[REDACTED] has presented as friendly and cooperative.

### Recommendation Regarding Services For Goal To Continue

GJR recommends this service continue to allow GJR to continue to provide reports, participate in Family Team Meetings, and to staff this case with GJR supervisors.

### Treatment Service Goal

[REDACTED] will exhibit an absence of drug and alcohol abuse and increase relapse prevention skill application.

### Narrative Discussion of Services Provided for this Goal during Month:

CM [REDACTED] has worked with [REDACTED] this month on identifying her triggers and increasing and implementing her coping skills and support system. CM [REDACTED] utilized Motivational Interviewing to listen and affirm to [REDACTED] and to focus on her current successful activities that [REDACTED] is already doing in regard to her relapse prevention skills.

6/4/2020 - [REDACTED] - CM [REDACTED] reviewed the family referral and reviewed the Family Preservation guidelines.

6/5/2020 - [REDACTED] - Motivational Interviewing - CM [REDACTED] met with [REDACTED] for the intake session. CM [REDACTED] reviewed the referral goals and intensity of services with [REDACTED]. CM [REDACTED] processed with [REDACTED] on her DCS involvement and how that case began. CM [REDACTED] utilized Motivational Interviewing to listen and affirm to [REDACTED] and to focus on her current successful activities. [REDACTED] introduced CM [REDACTED] to her children. Both boys came and sat next to CM [REDACTED] and continually trying to touch CM [REDACTED] touch screen on her Surface laptop. CM [REDACTED] reviewed and processed with [REDACTED] on the intake paperwork and releases. [REDACTED] signed all intake paperwork and releases on CM [REDACTED] computer. [REDACTED] responded to this intervention by participating in the session. CM [REDACTED] will continue to meet with [REDACTED] to assist her in completing her DCS related goals.

6/8/2020 - [REDACTED] - Motivational Interviewing - CM [REDACTED] met with [REDACTED] for the scheduled session. CM [REDACTED] reviewed and processed with [REDACTED] on the intake paperwork and had [REDACTED] sign the intake paperwork again as the paperwork that [REDACTED] signed Friday was not saved correctly. CM [REDACTED] also completed the weekly safety checklist walk through. CM [REDACTED] also completed the Protective Factor Survey with [REDACTED] as well. CM [REDACTED] started the safety plan with [REDACTED] as well. [REDACTED] responded to this intervention by participating in the session. CM [REDACTED] will continue to assist [REDACTED] in completing her DCS related goals.

6/22/2020 - [REDACTED] - Motivational Interviewing - CM [REDACTED] met with [REDACTED] for the scheduled session. CM [REDACTED] performed the weekly safety check list. CM [REDACTED] observed that [REDACTED] has not yet purchased a fire extinguisher. [REDACTED] said that her mother is purchasing one tonight after she gets off of work. CM [REDACTED] observed that [REDACTED] was sleeping on the couch and that [REDACTED] was laying awake on the other end of the couch from [REDACTED]. CM [REDACTED] observed [REDACTED] was not listening to [REDACTED] requests to lay down and go to sleep. [REDACTED] got up several times and would run around the inside of the home. CM [REDACTED] observed that [REDACTED] continued to give him empty threats that she would turn off the tv if he did not lay back down but then he would not do it. [REDACTED] would then ask him if he wanted her to shut the tv off. When [REDACTED] would ask this, [REDACTED] would then begin crying and/or screaming. CM [REDACTED] utilized Motivational Interviewing to listen and affirm to [REDACTED] and to focus on her current successful activities that she is completing in regard to her parenting skills. CM [REDACTED] did suggest to [REDACTED] to not ask [REDACTED] if he wanted her to turn the tv off and to just make a request and then turn the tv off or follow through with the threat of turning the tv off or whatever the threat was. [REDACTED] admitted that she does need to stop making the threats and not following through right away. CM [REDACTED] reviewed and processed with [REDACTED] on how she will complete her treatment plan goals including increasing and implementing her coping skills, building a bigger support system, identifying her triggers and what her relapse prevention plan consists of. CM [REDACTED] also completed an updated budget.

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with [REDACTED] based on her new job at [REDACTED]. [REDACTED] responded to this intervention by participating in the session. CM [REDACTED] will continue to assist [REDACTED] in completing her DCS related goals.

**Progress Summary Toward Goal**

[REDACTED] has met for all scheduled sessions this month. [REDACTED] has presented as friendly and cooperative in meeting with CM [REDACTED]

**Family Cooperativeness**

[REDACTED] has presented as friendly and cooperative in meeting with CM [REDACTED]. CM [REDACTED] feels [REDACTED] is in the action stage of change as she is completing every task asked of her like obtaining a fire extinguisher and posting emergency numbers on her refrigerator.

**Recommendation Regarding Services For Goal To Continue**

GJR recommends this service continue to continue assisting [REDACTED] in maintaining her sobriety by educating her on relapse prevention skills and in increasing her coping skills and social support system.

Staff: [REDACTED]	Date: 6/30/2020
Supervisor: [REDACTED]	Date: 6/30/2020

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