



## FAMILY SUPPORT SERVICES OF WEST CENTRAL INDIANA

### FAMILY PRESERVATION - MONTHLY REPORT

Month: November 2020

Referral Received on: 10/28/20

Initial phone/text contact on: 10/28/20

Initial face-to-face service contact on: 10/28/20

Parent(s): { }

Other Caregiver(s) in home: { } and { }

Child(ren): { } (age { }) and { } (age { })

County: { }

DCS FCM: Michael Martin

#### Reason for Referral and Presenting Issues:

According to the { } County DCS referral, domestic violence between { } and her husband { } has occurred in the home on multiple occasions in the presence of the children. The children were believed to have suffered minor injuries, but marks were not observed by DCS. With the history between the adults in the residence, Ms. { } still allowed Mr. { } back into the residence where an incident of domestic violence occurred that caused Ms. { } to suffer injuries and Mr. { } to be incarcerated. Mr. { } also reported that he and Ms. { } used Methamphetamine and Marijuana on multiple occasions together. Ms. { } denied use of Methamphetamine but stated that she has used Marijuana. Additional concerns include Ms. { } mental health. Ms. { } noted that she previously received mental health services, but is no longer receiving them and she has discontinued taking prescribed medication.

#### Family Strengths:

Ms. { } remains employed and able to meet concrete needs of her children. Her brother and wife have provided childcare while she works. The family has kept all appointments and has been willing to make positive changes with discipline techniques and upkeep of the home. Ms. { } has expressed concern with keeping herself and the children safe from domestic violence. Ms. { } has followed through with referrals to initiate services with the Domestic Violence program and Cummins Behavioral Health.

### **Overall Recommendation and Progress Summary:**

The family has continued to receive Healthy Families as the evidenced-based practice for the foundation of services through Family Preservation. Ms. [REDACTED] and the children have been present at all visits. It has been observed that her parent-child interactions are more positive on days she has had adequate sleep and is not feeling anxious or depressed. Ms. [REDACTED] and the other adults in the home have been introduced to 1-2-3 Magic discipline techniques and they have been using them consistently. Concerns related to lack of communication between the adults resulting in poor supervision of the children have been addressed. Ms. [REDACTED] works overnight and she has relied on her brother and his wife to care for the children while she is at work and while she sleeps.

Ms. [REDACTED] has been open to improving her financial management skills. She has started tracking her spending and developed a budget. Her brother and his wife are not employed, and Ms. [REDACTED] has been providing financial support to them. She also relies on her brother for transportation since she does not have her driver's license.

Safety checks were completed each week. The condition of the home has been a concern, and safety issues have been addressed and discussed with FCM. The home environment did improve over the course of the month. There has been disagreement among the adults regarding household responsibilities. Ms. [REDACTED] is the only adult working outside the home and feels the other adults should help out more. The initial PFS-2 was completed with Ms. [REDACTED] within 30 days of receiving the referral with the following scores: Family Functioning/Resilience - 4, Nurturing and Attachment - 3.25, Social Supports - 4, Caregiver/Practitioner Relationship - 3.7, Concrete Supports - 3.25. FSS and MOB discussed results. MOB wants to continue improving parenting skills and her ability to meet the concrete needs of the family.

Ms. [REDACTED] has been concerned about the threat of domestic violence because Mr. [REDACTED] was recently released from jail. Ms. [REDACTED] already has a No Contact Order in place and developed a safety plan with a Domestic Violence Advocate. Ms. [REDACTED] also completed an intake assessment with Cummins Behavioral Health to address her mental health.

At the end of the month, Ms. [REDACTED] shared that she asked her brother and his wife to move out because she did not feel they were providing the support she needed. She has a plan to utilize another brother as a source of support pending approval by DCS. Ms. [REDACTED] will also start ongoing case management with her DV advocate and therapy through Cummins. The Healthy Families Family Support Specialists working with the family feel that Ms. [REDACTED] is committed to keeping her children safe and is taking steps to improve her parenting skills and address her mental health. Ms. [REDACTED] will continue to benefit from Healthy Families visits and parenting curriculum that includes 1-2-3 Magic.

**Service Provider Staff:** Melissa Duncan - FSS, Lisa Kleiber - FSS, Shawna Wilkinson - Supervisor, Sherri Nield - Program Director/Supervisor

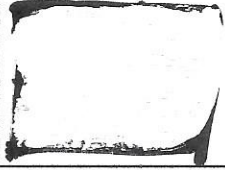


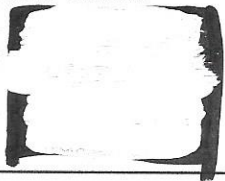
**Number of appts cancelled by family:** 0




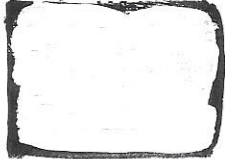


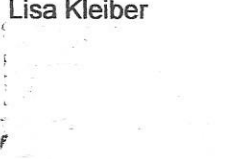
**Number of appts cancelled by provider:** 0

**Number of no shows:** 0











**Dates of Contact:**

| Contact Date | Start Time | End Time | Duration | Method        | Location                  | Individuals Present  | Purpose  |
|--------------|------------|----------|----------|---------------|---------------------------|--|--|
| 11/2/20      | 9:15 am    | 9:25 am  | .25      | Phone Call    | Agency/Other Professional | Sherri Nield<br>Michael Martin   | Treatment plan discussion                              |
| 11/2/20      | 1:00 pm    | 2:00 pm  | 1.0      | Video Meeting | Agency/Other Professional | Sherri Nield<br>Shawna Wilkinson<br>Lisa Kleiber   | Supervision  |
| 11/4/20      | 1:00 pm    | 2:45 pm  | 1.5      | Face-to-Face  | Home                      | Melissa Duncan<br>  | HFA Home Visit   |
| 11/5/20      | 8:54 am    | 9:06 am  | .25      | Phone Call    | Agency/Other Professional | Sherri Nield<br>Korrie Hall (DCS Supervisor)   | Treatment plan discussion                              |
| 11/5/20      | 1:00 pm    | 2:30 pm  | 1.5      | Face-to-Face  | Home                      | Lisa Kleiber<br>Melissa Duncan<br>(present for 30 min)<br> | HFA Home Visit<br>Weekly Safety Check                  |
| 11/6/20      | 9:32 am    | 10:26 am | 1.5      | Video Meeting | Agency/Other Professional | Melissa Duncan<br>Lisa Kleiber<br>Shawna Wilkinson<br>Sherri Nield   | Discussed updates to treatment plan                    |
| 11/6/20      | 2:20 pm    | 2:40 pm  | .25      | Face-to-Face  | Home                      | Melissa Duncan<br>  | Short visit/check-in to discuss treatment plan changes |
| 11/9/20      | 9:00 am    | 10:00 am | 1.0      | Video Meeting | Agency/Other Professional | Sherri Nield<br>Shawna Wilkinson<br>Lisa Kleiber   | Supervision  |
| 11/9/20      | 11:30 am   | 12:30 pm | 1.0      | Face-to-Face  | Home                      | Lisa Kleiber<br>  | HFA Home Visit   |
| 11/9/20      | 3:16 pm    | 3:23 pm  | .25      | Phone Call    | Agency/Other Professional | Sherri Nield<br>Korrie Hall (DCS Supervisor)   | Treatment plan discussion                              |
| 11/10/20     | 9:55 am    | 11:30 am | 1.5      | Face-to-Face  | Home                      | Melissa Duncan   | HFA Home Visit   |

|          |          |          |     |               |                           |   |  |
|----------|----------|----------|-----|---------------|---------------------------|---|--|
|          |          |          |     |               |                           |                       | Weekly Safety Check                          |
| 11/11/20 | 9:30 am  | 10:30 am | 1.0 | Video Meeting | Agency/Other Professional | Sherri Nield<br>Shawna Wilkinson<br>Melissa Duncan  | Supervision                                  |
| 11/11/20 | 11:30 am | 12:30 pm | 1.0 | Face-to-Face  | Home                      | Lisa Kleiber<br>     | HFA Home Visit                               |
| 11/12/20 | 12:30 pm | 1:30 pm  | 1.0 | Face-to-Face  | Home                      | Lisa Kleiber<br>     | HFA Home Visit                               |
| 11/13/20 | 1:15 pm  | 1:30 pm  | .25 | Phone Call    | Agency/Other Professional | Shawna Wilkinson<br>Sarah Cofer (DV Advocate)   | Call to assist coordination with DV services |
| 11/16/20 | 11:30 am | 12:30 pm | 1.0 | Face-to-Face  | Home                      | Lisa Kleiber<br>    | HFA Home Visit<br>Weekly Safety Check        |
| 11/16/20 | 12:45 pm | 1:15 pm  | .5  | Phone Call    | Home                      | Sarah Cofer<br>    | Initiate DV services                         |
| 11/16/20 | 1:45 pm  | 1:55 pm  | .25 | Phone Call    | Agency/Other Professional | Lisa Kleiber<br>Michael Martin  | Discuss Safety Concern                       |
| 11/16/20 | 2:00 pm  | 3:00 pm  | 1.0 | Video Meeting | Agency/Other Professional | Sherri Nield<br>Shawna Wilkinson<br>Lisa Kleiber  | Supervision                                  |
| 11/17/20 | 11:00 am | 1:00 pm  | 2.0 | Face-to-Face  | Home                      | Melissa Duncan<br> | HFA Home Visit                               |
| 11/18/20 | 9:00 am  | 10:00 am | 1.0 | Video Meeting | Agency/Other Professional | Sherri Nield<br>Shawna Wilkinson<br>Melissa Duncan  | Supervision                                  |
| 11/18/20 | 12:30 pm | 1:30 pm  | 1.0 | Face-to-Face  | Home                      | Lisa Kleiber<br>   | HFA Home Visit                               |



|          |          |          |      |              |                           |   |  |
|----------|----------|----------|------|--------------|---------------------------|---|--|
| 11/19/20 | 11:30 am | 1:00 pm  | 1.5  | Face-to-Face | Home                      | Melissa Duncan<br>   | HFA Home Visit                           |
| 11/19/20 | 3:04 pm  | 3:09 pm  | .08  | Phone Call   | Agency/Other Professional | Sherri Nield<br>Korrie Hall   | Discussed services week of Thanksgiving  |
| 11/20/20 | 5:30 pm  | 5:45 pm  | .25  | Phone Call   | Home                      | Melissa Duncan<br>   | Discussed safety related to threat of DV |
| 11/20/20 | 5:45 pm  | 6:00 pm  | .25  | Phone Call   | Home                      | Sarah Cofer<br>      | Developed DV safety plan                 |
| 11/23/20 | 11:00 am | 11:15 am | .25  | Phone Call   | Home                      | Sarah Cofer<br>      | Followed up on DV safety                 |
| 11/23/20 | 11:15 am | 12:30 pm | 1.5  | Face-to-Face | Home                      | Melissa Duncan<br>   | HFA Home Visit<br>Weekly Safety Check    |
| 11/24/20 | 1:05 pm  | 2:20 pm  | 1.25 | Face-to-Face | Home                      | Melissa Duncan<br>  | HFA Home Visit                           |
| 11/24/20 | 2:30 pm  | 2:50 pm  | .2   | Phone Call   | Agency/Other Professional | Lisa Kleiber<br>Michael Martin  | Discuss Safety Concern                   |
| 11/25/20 | 12:00 pm | 2:00 pm  | 2.0  | Face-to-Face | Home                      | Melissa Duncan<br> | HFA Home Visit<br>PFS-2                  |
| 11/30/20 | 11:30 am | 1:00 pm  | 1.5  | Face-to-Face | Home                      | Melissa Duncan<br> | HFA Home Visit<br>Weekly Safety Check    |

**Treatment Plan Goal 1: Strengthen parenting and positive discipline methods with all adults in home**

FSS has used HFA reflective strategies and 1-2-3 Magic curriculum with all adults in the home to improve parenting skills, teach positive discipline techniques, and increase positive parent-child interactions.



## Narrative Discussion of Services Provided for this Goal during Month:

11/4/20 HFA Home Visit: FSS used "explore and wonder" strategy with Ms. [redacted] about child 1 being fussy and when his nap time was or how long he has been awake. Ms. [redacted] stated he has been up since about 8am and has not been asleep yet. FSS explored if he could be rubbing eyes because of needing to take a nap. FSS covered chapter 1 in Magic 123 and addressed deliberate parenting and automatic parenting. FSS used "problem talk" strategy with Ms. [redacted] and aunt to discuss their automatic parenting styles. Ms. [redacted] stated, "yelling," and aunt stated, "yelling." FSS shared ways to reduce yelling automatic reactions and to use more positive reactions such as counting. FSS went over the first page of the workbook with Ms. [redacted] and aunt.

11/5/20 HFA Home Visit: FSS observed Ms. [redacted] on several occasions as she interacted with her children. FSS noted that Ms. [redacted] remained calm, never raised her voice and was consistent in her instructions with both children. FSS observed Ms. [redacted] to give Child 2 warnings then place him in a "time out chair" for 2 minutes. He yelled and tried to move but she helped him to remain there. They discussed Ms. [redacted] perceived strengths and her weaknesses. Ms. [redacted] thinks she does a good job of being a mother. FSS supported this assertion, citing that she has seen her do several positive acts with her children in the hour she has been there.

11/10/20 HFA Home Visit: FSS used "explore and wonder" strategy with Ms. [redacted] to see if she thought Child 2 could be finished eating and needing out of bouncer due to the amount of his fussing. Ms. [redacted] asked if aunt could get him out of bouncer. FSS addressed Magic 123 counting with Ms. [redacted] uncle, and aunt today during visit. FSS addressed what automatic parenting Ms. [redacted] goes to when she feels overwhelmed or tired from not sleeping. Ms. [redacted] stated she goes to yelling. FSS then addressed uncle and aunt. Aunt did not answer but uncle asked to define the difference between yelling or being stern. FSS directed for him to give an example of his being stern. Uncle just stated that counting was different than what he had growing up. FSS then went on to explain how it helps parents and caregivers not yell as much or become angry where physical turns into abusive behaviors. FSS explained how being tired and overwhelmed can make us have negative parenting outcomes. FSS shared how Ms. [redacted] could use counting instead to help replace yelling and how it would benefit her with less stress. During visit child 1 began hitting and doing things not allowed. Ms. [redacted] asked Child 1, "You want to go to time out?" FSS explained how that would be a good time for counting to redirect behaviors instead of threatening time out. Child 1 then hit the brother. Ms. [redacted] then began yelling no at him. FSS modeled picking up Child 1 and placing him in time out on the couch. FSS then went over major behaviors like hitting and how they were automatically time out. No verbal addressing except for concerning behaviors. FSS used "problem talk" strategy to help Ms. [redacted] determine locations for time out such as a chair in the dining room or sitting in a bedroom. Child 1 began crying and screaming. Uncle began hollering at him to stop screaming. FSS redirected the family to let him scream as long as he is not hurting himself or someone else.

11/12/20 HFA Home Visit: FSS entered home and was greeted by the three adults, sitting on the sectional couch. Ms. [redacted] stated that she had just placed the boys in their room for their nap. FSS could hear Child 1 talking and thrashing around in the room. Ms. [redacted] stated that he would settle down in a few minutes. He came out to the living room and Ms. [redacted] calmly told him to go back to his room for his nap. She made eye contact with him and said his name, then counted 1. He went back into his room. Child 2 crawled out to the living room. Aunt fixed a formula bottle for him and took him back to his room. She came out less than 5 minutes later and stated that both boys were asleep. FSS commended Ms. [redacted] and others for the calm and reasonable approach to nap time. FSS completed a short lesson on healthy listening habits with the three adults, as the children napped. All three participated in discussions about how they currently listen and what they can do to



be better "listeners." FSS also discussed "First Steps of your Child" through the Help at Home curriculum. This gave helpful ideas to encourage TC to stand and take steps in early stages.

11/17/20 HFA Home Visit: FSS used "explore and wonder" technique with Ms. [REDACTED] for why child 2 began fussing and if she thought he could be done eating pop tarts. Ms. [REDACTED] then asked child 1 to let child 2 out of the seat. Benefits are the child did not sit in a chair the whole visit. FSS addressed MAGIC 123 introduction video on youtube to family while sending feed to big tv. FSS then asked what the family thought about the video and if they had any questions. Ms. [REDACTED] shook head no and others did too. During video, Ms. [REDACTED] had child 1 climb up on her and drop pop tart on the floor. Ms. [REDACTED] counted with child 1 to get him to take the pop tart to the table. Child 1 got down and took a pop tart from the living room. FSS used "accentuate the positive" strategy to praise Ms. [REDACTED] with how well she counted and asked her how that same incident would have been 6 months ago before counting. Ms. [REDACTED] stated child 1 would have thrown a tantrum. FSS agreed and explored what was different now. Ms. [REDACTED] vocalized she did not have to yell at him as before. FSS then addressed with uncle and aunt that is how MAGIC 123 is supposed to work and help parents not yell, and help parent and caregivers enjoy kids again. ASQ 3 30-month completed with Child 1. Child 1 does not repeat sequences well and communication is a little lower.

11/19/20 HFA Home Visit: FSS used "explore and wonder" strategy with Ms. [REDACTED] as to why she thought child 2 was fussing while following child 1 around and grabbing a bottle. She was unsure. FSS asked if he had a drink for his breakfast yet or if he had any formula for the morning. Ms. [REDACTED] was unsure. FSS asked about the schedule for the formula he was getting. Ms. [REDACTED] then asked what time it was and then stated it was about time for his cup and asked the aunt to make one. FSS used the "problem talk" strategy with Ms. [REDACTED] to discuss the amount of formula he was receiving during the day and if he was still receiving baby food for the nutrients in them. Ms. [REDACTED] stated she was not sure he was getting baby food still that he is mostly adult food. FSS addressed that baby food still has nutrients in it that babies need to grow and develop and encouraged her to talk to a doctor about his eating. FSS addressed curriculum Magic 123 follow up about workbook over introduction to program with family. Ms. [REDACTED] did not do workbook pages but aunt did. Aunt stated that she read more constantly rather than just here and there. FSS agreed that it would be a consistent change to be done at home to make it work. Began ASQ 10 month for Child 2.

11/24/20 HFA Home Visit: FSS used "explore and wonder" strategy with Ms. [REDACTED] for why children were eating pancakes for lunch. FSS asked what children had for breakfast and Ms. [REDACTED] shrugged her shoulders and was unsure. FSS asked who was up with children while Ms. [REDACTED] slept and they were awake. FSS addressed parenting and safety of children in home are to be priority over adults non communication. FSS addressed a proper communication style and how Ms. [REDACTED] needs to let her brother know she was working and that they need to get up with the children if she is unable to due to being up later for work. Ms. [REDACTED] agreed and as did brother and his wife. Brother then stated she just needs to get up it is not my job to. FSS then used "feel, name, and tame" strategy to address how it was hard to work overnights as a working mother and extra support is needed. Ms. [REDACTED] agreed with FSS. FSS asked her brother when he felt she needed the most help, and he stated in the mornings. FSS asked how he could help her then to get that support she needs if he is continuing to stay in home. Communication was addressed with texting and knowing who is getting children up for morning. Referral made for CASY childcare vouchers.

11/25/20 HFA Home Visit: FSS used "problem talk" strategy with Ms. [REDACTED] for how she could get the clothes up and keep the door to closet closed so child 1 would stay out of it and not pull clothes out. MOB was unsure and began cleaning up blankets and putting them back into a bag. FSS addressed how the night before went and if MOB worked over along with who got up with kids and cooked them breakfast. MOB stated she was woken up at 10 am and the aunt got up with the kids



and fed them. FSS used "accentuate the positive" strategy for how that worked and MOB seemed more rested. FSS completed the PFS-2 with Ms. [REDACTED] with the following scores: Family Functioning/Resilience - 4, Nurturing and Attachment - 3.25, Social Supports - 4, Caregiver/Practitioner Relationship - 3.7, Concrete Supports - 3.25. FSS and MOB discussed results. MOB wants to continue improving parenting skills and her ability to meet the concrete needs of the family.

11/30/20 HFA Home Visit: FSS used "strategic accentuate the positive" strategy to address how she was more awake and calm sounding. Ms. [REDACTED] agreed and benefits are a calm home setting and better PCI with children. FSS addressed improvements in parenting over weekend and how Ms. [REDACTED] felt having time with her children without having a house of people. Ms. [REDACTED] stated that children were happy and she got to work on getting some time with children. FSS addressed with Ms. [REDACTED] and uncle how the plan for them watching children would be and explored what happened over the weekend for the uncle and wife to move out. Ms. [REDACTED] stated she felt she was not getting help from her brother. Brother went over his feelings of her not doing her part as a parent and leaving all the house to them. Ms. [REDACTED] addressed her depression and her not feeling well at night and that she was under the impression they would support her when needed. FSS addressed a plan for getting a younger brother accepted by DCS for watching children, and she would call the older brother if needed and come stay for kids by 4pm. Both parties agreed.

#### **Progress Summary Toward Goal:**

All adults in the home showed progress with using positive discipline techniques. Concerns related to poor supervision of children were addressed.

#### **Family Cooperativeness:**

All adults seemed receptive to learning 1-2-3 Magic techniques and were observed using them. Ms. [REDACTED] was responsive to addressing safety concerns.

#### **Recommendation Regarding Services for Goal to Continue:**

Recommendation to continue working on this goal and reinforcing new discipline methods. HFA reflective strategies and additional parenting curriculum should be provided to help improve parenting skills.

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#### **Treatment Plan Goal 2: Strengthen Ms. [REDACTED] ability to financially sustain home**

FSS will help Ms. [REDACTED] create a budget and will use worksheets and money management curriculum to help with financial management.

#### **Narrative Discussion of Services Provided for this Goal during Month:**

11/5/20 HFA Home Visit: FSS and Ms. [REDACTED] discussed building a budget to track Ms. [REDACTED] money and to set limits and savings.

11/9/20 HFA Home Visit: FSS asked Ms. [REDACTED] about her money situation reminding her that when FSS was there last week on Thursday, 11/05/2020 Ms. [REDACTED] reported that she had \$267 on her pay card. Ms. [REDACTED] shared that she took \$50 of that money and moved it into a savings account on her pay card. FSS applauded that she was proactive in starting to save. Ms. [REDACTED] stated that on Friday she received her pay of about \$367. FSS stated that she then had almost \$600 on her card. Ms. [REDACTED] stated that she now has \$25. FSS asked where the money had been spent. Ms. [REDACTED] could not answer and was shocked that she had spent that much money. She stated that she had paid for food a couple of times over the weekend. Ms. [REDACTED] brother added that Ms. [REDACTED] loves to eat out and spends a lot of money on Grub-Hub to deliver food to them. Ms. [REDACTED] looked at her card statement and saw that she had spent \$68 on McDonalds and \$42



on Wendy's food over the weekend. She saw that she had spent \$100 on vaping materials and \$20 on google games. Ms. [REDACTED] stated that there was an ATM withdrawal for more than she realized and that her couch purchase payment had been withdrawn. Ms. [REDACTED] was surprised about how fast her money left her account without her realizing it and she stated that she wants better for her and her family.

Ms. [REDACTED] stated that she doesn't know how to control her spending, how to budget or how to save. Ms. [REDACTED] is very receptive to working with FSS on setting limits, saving and paying bills. FSS stated that Ms. [REDACTED] makes money and can create a budget that allows her to include everything that is important to her as well as paying her bills and saving. They will create a budget at the next meeting and begin a financial program to help educate.

11/11/20 HFA Home Visit: During the final 10 minutes of the visit, as the adults continued to clean and clear, FSS discussed Ms. [REDACTED] budget. Ms. [REDACTED] answered questions in order to come up with a plan for Ms. [REDACTED] to budget her weekly paycheck in such a way that bills are always paid first, then money is added to Ms. [REDACTED] savings accounts (regular savings and a vehicle/Christmas savings). Money left over can be used for emergency needs and wants, including gas, clothing expenses and dining out. Ms. [REDACTED] stated that she has limited willpower and just spends until it is gone. FSS will continue to provide materials from a financial program that will help Ms. [REDACTED] and the others to see where their money is spent and how to control what you spend. All are receptive to learning how to be smarter about their money. They discussed obstacles that could keep them from sticking with a budget. Ms. [REDACTED] is concerned that she could be laid off or lose her job, when there isn't work to do. They discussed options at that time such as unemployment benefits and finding another job.

11/12/20 HFA Home Visit: FSS discussed the budget with Ms. [REDACTED] and the others. FSS asked if there were any other bills or needs that should be added, including monthly and quarterly bills. FSS explained that there was a way for Ms. [REDACTED] to pay her bills, have generous savings and still be able to handle unexpected financial situations as they arise. As long as Ms. [REDACTED] is working and making a regular amount of money each week, they can also have reasonable access to other things they deem important such as vaping and eating out.

11/16/20 HFA Home Visit: FSS asked how budgeting was going and Ms. [REDACTED] answered that they had spent most of her paycheck over the weekend but she wasn't sure where the money had gone. FSS tasked her to pull up her debits and see. Ms. [REDACTED] was able to note that she had spent \$114 at Wal-mart, \$90 for vaping, \$20 at Taco Bell, \$43 for weekly couch payments among other purchases. Ms. [REDACTED] is unsure of how much is left or how much she needs to pay Duke Energy next week. Ms. [REDACTED] is hoping that her check will be \$260.

FSS conducted a short lesson from "Money Matter" about knowing where your money is going. All three adults agreed it is important to know where their money goes and that they all need to do a better job in this area. FSS left handouts that allow you to document your weekly spending in order to assist Ms. [REDACTED] in seeing where she spends money on needs and wants.

11/18/20 HFA Home Visit: FSS asked if they were able to make it for the next few days with what money Ms. [REDACTED] had left on her pay card. Ms. [REDACTED] stated that they were doing well and that she hasn't had to use her savings.

#### **Progress Summary Toward Goal:**

Ms. [REDACTED] was able to see where her money is going and develop a budget.



**Family Cooperativeness:**

Ms. [REDACTED] was open with her spending habits and expressed willingness to make changes.

**Recommendation Regarding Services for Goal to Continue:**

Recommendation to continue addressing this goal and helping Ms. [REDACTED] secure safe, reliable childcare while she works.

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**Treatment Plan Goal 3: Assist household with organization and cleanliness in home**

FSS will work with all adults in home to ensure a safe environment for the children is maintained.

**Narrative Discussion of Services Provided for this Goal during Month:**

11/5/20 HFA Home Visit: FSS and Ms. [REDACTED] completed the weekly safety check. The home was observed to be cluttered and messy and could possibly present a safety hazard for the children and others in the home. FSS addressed the service plan and talked at length with Ms. [REDACTED] about clearing the home of any hazards or clutter. Ms. [REDACTED] stated that she is overwhelmed and often too tired to clean up after having worked all night. She sometimes gets a few hours of sleep in the morning, then must care for the boys. Ms. [REDACTED] stated that her brother and his wife agree to watch the children at night while Ms. [REDACTED] is at work, however they do very little to help maintain any cleanliness or order in the home. In fact, they add to the chaos and clutter and don't clean up after themselves. Ms. [REDACTED] stated that she will get stronger about demanding more from them. FSS and Ms. [REDACTED] looked at issues in the kitchen including several pots and pans with leftover food sitting on the stove top and counter areas. The sink was full of dirty dishes. FSS observed that Ms. [REDACTED] has dish detergent; she also had plenty of food for the children and showed FSS where formula and baby food was kept safely in an isolated drawer. FSS shared a daily, weekly and monthly cleaning chart to be filled out next week. Ms. [REDACTED] is very receptive to learning more about cleaning and budgeting and stated that she likes and respects her DCS case manager.

11/9/20 HFA Home Visit: FSS observed that there was less clutter in the living room/dining room area. These rooms had dirty dishes, empty pop cans, food on the floor, piles of clothes and piles of bagged trash. FSS observed the bathroom to be very clean and free of clutter, trash or piles. There were no observed towels or wash clothes available for TC's bath. When asked about needing a towel, Ms. [REDACTED] stated that TC was only wet from his waist down and didn't require a towel to dry. The kitchen area was observed to have dirty dishes in the sink as well as several pans with old food in them on the counter tops. The kitchen trash can was piled high with trash and needed bagged and replaced.

FSS shared the above observations with the three adults in the home and praised them for the improvements that she had noticed, while pointing out areas still needing improvement. FSS posed the question of what the DCS FCM might say if he were to see the home environment like this. Ms. [REDACTED] stated that she thought he would be fair and say to keep working on cleaning it. FSS shared what DCS looks for in determining the safety of a home environment for children and stated that several changes needed to be made. They discussed sharing tasks, getting the home up to standard then maintaining this status with regular daily, weekly and monthly cleaning tasks. The family plans to work most of the day today to clear the home of all trash, remove clutter piles and wash all dirty dishes and put them away. FSS completed a goal sheet to check progress on Wednesday, 11/11/2020 when she returns to the home.

11/10/20 HFA Home Visit: Weekly safety check was completed. No concerns were noted and FSS observed home to be cleaner. Ms. [REDACTED] reported she stayed up all night to clean apartment and



prepare for court today. FSS discussed the importance of keeping sharp objects away from edge of counter and out of reach from children.

11/11/20 HFA Home Visit: FSS met with Ms. [REDACTED] and her brother and his wife, all household members. They discussed their plan to get the home clean and free of clutter and to make it a safe environment for the children. FSS observed the kitchen to have many stacked dirty dishes in the sink and on the countertops and several dirty pots and pans on the stove. FSS noticed full trash bags as well as an overly full trash receptacle. FSS helped the three adults to formulate a plan to clean the kitchen while she was there. Ms. [REDACTED] brother washed dishes, Ms. [REDACTED] bagged and removed trash and put toys and clothes away. Aunt cleaned the children's table and chair set and the high chair tray table and seat. This was observed to have caked on food particles and stains which were removed with hot sudsy water and made to look almost new. The three adults were pleased at their efforts and how clean the kitchen area of the home was with working together to complete the project.

11/12/20 HFA Home Visit: FSS observed that the kitchen was free of any dirty dishes, pots or pans. The sink was observed to be empty and free of any dishes. The stove top was clean and uncluttered, as were the countertops. FSS again commended the three for their efforts to make the kitchen safe, clean and free of clutter or safety hazards. FSS observed there to be no trash piled up, no trash bags waiting to be carried outside and the empty boxes had been condensed and moved out of the way.

FSS observed that the living room carpet had been recently vacuumed and that the coffee table had minimal clutter but no trash or empty cans/bottles. Ms. [REDACTED] was working on two large piles of clothes, sorting them into "outgrown" and "keep" piles. Ms. [REDACTED] stated that the boxes and piles of toys would be gone after the weekend, as she plans to sort and get rid of them as well. FSS stated that the clutter in the rooms still needed addressed in order to provide a safe and appropriate home environment for the children. Ms. [REDACTED] stated that she was sent home from work this week due to there not being enough work and that the remainder of the week the plant was on "shut-down." She plans to use this time to intensify de-cluttering the home and getting rid of excess clothes, toys and other items that they don't need. FSS and the three adults discussed daily, weekly and monthly cleaning duties that were needed to keep the home clean and safe.

11/16/20 HFA Home Visit: Upon arrival at the home, FSS met with the three adults sitting on the sectional couch in the home. FSS observed there to be items on the coffee table including three vape pens or apparatus. As the children crawled and walked around this same area, they did not appear to be interested in what was on the living room table but FSS expressed concern and suggested that any vape materials be stored high up and out of reach of both children.

The weekly safety check was completed and concerns were discussed. There continues to be too much clutter that could become hazardous in the dining room and hallway. This has been addressed with the family at each visit. The piles of clothes, toys and other items slightly changes and moves from visit to visit but still has not gone away which is the ultimate goal to ensure safety. Ms. [REDACTED] will convey a plan for how to eliminate and discard the piles of old toys, clothes and other items but it appears to just get shuffled. The floor in the living room and dining room was in need of vacuuming, with food and other objects and particles throughout. Ms. [REDACTED] reported to FSS that the kitchen sink has a leak which needs to be reported to apartment management. When FSS expressed concern that the hallway, dining room and living room were still cluttered and unsafe, Ms. [REDACTED] shared that she had stayed in bed all day Saturday due to being depressed and that on Sunday she had concentrated on clutter in her bedroom. Ms. [REDACTED] stated that she thinks FCM Martin will be pleased with progress she made in her room and will be ok that there is still clutter in living areas.



FSS observed the kitchen to be clean with minimal dishes in the sink and no dirty dishes on the stove or countertops. FSS observed the bathroom to be clean and appropriate.

11/18/20 HFA Home Visit: During the visit, Ms. [REDACTED] found Child 1 with her vape pen. Ms. [REDACTED] took pen from Child 1 and placed him in time out. FSS suggested a second time to the adults that they place all vaping materials in a location where the children cannot get to them. Ms. [REDACTED] stated that there is nowhere in her bedroom that she would do that. FSS suggested that she use a high shelf or cabinet. FSS spoke to three adults in the home about home environment. Ms. [REDACTED] stated that she had worked the past two nights and was just now starting to work on cluttered piles in the living room. FSS observed two large totes and a wooden bin filled with toys. Ms. [REDACTED] stated that most of the contents were old or broken toys that she was ready to throw away. Ms. [REDACTED] wanted to save the bins for further storage. FSS suggested that the contents be put in garbage bags then taken to the trash during the visit. Ms. [REDACTED] and Aunt began to clean, clear and load bags with the toys. They filled 4 large garbage bags and then FSS and Ms. [REDACTED] walked them to the apartment complex trash bins outside. This made more room in the living/dining area and household members vowed to continue to eliminate more clutter. FSS observed that the carpet needed to be vacuumed as TC was picking up pieces of old food and other things and placing them in his mouth. FSS enquired about the leak in the kitchen sink. Uncle stated that maintenance workers needed to repair the leak before they could do dishes again as the water leaks onto the floor when they use it. FSS suggested that they continue to contact the apartment about the leak.

11/23/20 HFA Home Visit: During the weekly safety check FSS expressed concerns about the pans sitting on the stove and asked for someone to come start them before leaving. Ms. [REDACTED] looked at uncle and aunt looked at uncle. Uncle then vocalized to Ms. [REDACTED] when was the last time you did dishes to Ms. [REDACTED]. Ms. [REDACTED] stated last week. FSS then expressed that it was a chore chart and rules chart to be organized and picked of chores for each individual to do at home. FSS expressed and encouraged uncle to see that he was an occupant of home and was helping Ms. [REDACTED] out so chores were half of responsibility of him and his wife. Aunt stated she is helping and told uncle he needed to do more. Aunt then opened the notebook and began writing a list of rules for home. Ms. [REDACTED] got up and then went to begin getting the sink ready for pans to be washed. FSS asked them to be done by tomorrow at the next visit.

11/25/20 HFA Home Visit: FSS also addressed the plan for holiday and how the Ms. [REDACTED] had those days to show she was able to keep up with recommendations of DCS and keep home clean. Ms. [REDACTED] expressed her plan for wanting to get porch cleaned off and get house picked up while being off and just her in her home.

11/30/20 HFA Home Visit: Weekly safety check was completed. Porch area was cluttered, but there were no safety concerns inside apartment. FSS praised family for improvements over the month. Ms. [REDACTED] feels it will be easier to keep home clean because she has asked her brother and his wife to move out and her younger brother is helping her with children.

#### **Progress Summary Toward Goal:**

Family has been responsive to taking steps as directed to clean and declutter home. Chore charts and cleaning schedules were developed. Major improvements in keeping home clean were made over the month.

#### **Family Cooperativeness:**

Adults have disagreed about individual responsibilities with keeping home clean and organized. Ms. [REDACTED] is tired from working and states she feels depressed.



**Recommendation Regarding Services for Goal to Continue:**

Recommendation to continue working on this goal and to maintain a clean, safe home environment. With uncle and aunt planning to move out, Ms. [redacted] will have more responsibility for keeping the home clean. FSS will encourage Ms. [redacted] to follow through with referral to Cummins to address her mental health.

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**Treatment Plan Goal 4: Assist and support Ms. [redacted] with avoiding DV**

Ms. [redacted] will be linked with a Domestic Violence advocate within the agency to assist with addressing concerns of domestic violence and safety planning. FSS will follow up on safety plan and help link Ms. [redacted] to therapy to address her depression and past trauma.

**Narrative Discussion of Services Provided for this Goal during Month:**

11/12/20 HFA Home Visit: While FSS was there, Ms. [redacted] contacted Cummins Behavioral Health to set up a therapy assessment. Ms. [redacted] shared insurance and personal information and was given the website to go to to complete her application before being sent on for a virtual assessment. Ms. [redacted] plans to complete that process later today.

11/16/20 DV Services: DV Advocate spoke with Ms. [redacted] to begin services. Covered policies, confidentiality, and safety.

11/19/20 HFA Home Visit: Safety plan addressed for if Mr. [redacted] began following her or calling her. Ms. [redacted] stated she would call law enforcement. Uncle then became angered and stated he would go to jail for going after him. FSS encouraged him to not to do this and explained that he would make things worse on Ms. [redacted] if he did. FSS expressed he was trying to reach out or have anyone else contact her for him and explained that was a violation of his no contact order.

11/20/20 DV Services: Created safety plan to address concerns related to Mr. [redacted] being released from jail.

11/23/20 DV Services: Followed up with Ms. [redacted] on safety and potential risks related to Mr. [redacted]

11/30/20 DV Services: Set appointment to begin DV case management services starting 12/4. Ms. [redacted] stated she wants to learn more about healthy relationships.

**Progress Summary Toward Goal:**

Ms. [redacted] has connected with a DV advocate and has a safety plan to address the threat of violence from Mr. [redacted]. Ms. [redacted] is scheduled to begin ongoing case management services with the DV advocate.

**Family Cooperativeness:**

Ms. [redacted] has expressed concerns about the safety of herself and children and has been receptive to receiving ongoing DV services and support. Ms. [redacted] has indicated that she wants to learn about healthy relationships.

**Recommendation Regarding Services for Goal to Continue:**

Recommendation to continue working on this goal to help Ms. [redacted] reduce the threat of domestic violence by continuing to meet with a domestic violence advocate and to start therapy with Cummins.