

# INDIANA DEPARTMENT OF CHILD SERVICES CHILD WELFARE MANUAL

Chapter 5: General Case Management	Effective Date: May 1, 2009
Section 10: Family Services	Version: 3

# **POLICY**

The Indiana Department of Child Services (DCS) will provide family services to all children and families with an open case type to address needs as identified. See Related Information for further details.

**Exception:** When the child is in out-of-home care, services will not be offered to the child's family if the court rules that reasonable efforts to reunify the family are not required.

DCS will engage the Child and Family Team (CFT) to develop a Family Service Plan. The team will review the family's Safety Assessment, Strengths and Needs Assessment, and Risk Assessment to assist in identifying the family's needs and corresponding services. DCS will make referrals on behalf of the child and/or family to appropriate services within 10 business days of identifying a need for services. DCS will regularly communicate with all service providers throughout the life of the case to discuss the progress the family is making as well as any concerns the service provider may have about the family.

DCS will continue to offer services to the child and/or family regardless of participation, until the court closes the Program of Informal Adjustment (IA-R1070108) case or dismisses the Child in Need of Service (CHINS) case.

All services for parent(s), including visitation, should cease when Termination of Parental Rights (TPR) is filed unless otherwise ordered by the court. The Family Case Manager (FCM) should continue to maintain regular contact with the child's parent(s) until case closure is complete. See separate policy, 8.10 Minimum Contact.

**[NEW]** DCS will provide information about available community resources to all families where domestic violence has been identified as a risk factor.

#### Code References

- 1. 42 USC 671(a)(15)(B): State plan for foster care and adoption assistance
- 2. IC 31-34-21-5.5: Reasonable efforts to preserve and reunify families

# **PROCEDURE**

#### FCM will:

 Work with the family, and CFT, if applicable to identify needed services based on the family's strengths and underlying needs. The Family Functional Assessment Field Guide may be helpful as a tool to assist the FCM and family to mutually determine family strengths and needs;

- 2. Identify any challenges to the family's basic survival (e.g., lack of food, adequate housing, employment, transportation, childcare, etc.), if their basic needs would require assistance then:
  - a. Refer the family to the <u>Division of Family Resources</u> and other community service providers,
  - b. Request emergency funds (Emergency Fund Requests), when other resources are not immediately available, and
  - c. Refer the family to available and appropriate family services. See Related Information for further details.
- 3. Monitor and document the family's progress and update the court; and
- 4. Document in the Indiana Child Welfare Information System (ICWIS) any reasons why services were not offered or were stopped prematurely.

# The Supervisor will:

- Ensure services are appropriate for the identified risk and needs of the child and/or family;
- 2. Ensure referrals for services are made within 10 business days of needs being identified; and
- 3. Review and approve services selected for the child and/or family and ongoing service adjustments as needed.

# **Terminating Services**

The FCM will:

- 1. Notify the child's parents, resource parents (if applicable), and service providers of the decision to terminate one or more services;
- 2. Work with the CFT to develop a plan for the gradual removal of the service(s), as appropriate:
- Follow up with service provider(s) to evaluate the family's response to the removal of services;
- 4. Modify service withdrawal plan if necessary:
- 5. Notify service provider of last allowable service date; and
- 6. Continue regular contact until case closure is complete.

# PRACTICE GUIDANCE

# **Safety**

Communication between DCS and all service providers should occur on a regular basis throughout the life of the case. The FCM is expected to have open dialogue with service providers about the family's progress and compliance with services. This communication will also enable service providers to share any concerns (e.g. safety, general case direction) they have with the FCM. All communication between the FCM and any service provider must be documented in ICWIS.

# [NEW] Domestic Violence Services

FCMs are encouraged to recommend (but not mandate or force upon) services to any families in which domestic violence may be present. Mandating or forcing a non-offending parent to participate in domestic violence services may be contrary to the concept of empowerment and

may actually be perceived by the non-offending parent as mirroring the same coercive and threatening behaviors of the alleged domestic violence offender.

#### FORMS AND TOOLS

- Functional Family Assessment Guide Available on the Indiana Practice Model SharePoint
- 2. Strengths and Needs Assessment Available in ICWIS
- 3. Risk Assessment Available in ICWIS
- Program of Informal Adjustment (IA-R1070108) Available in ICWIS
- 5. Case Plan (SF 2956/DCS 0046) Available in ICWIS

# **RELATED INFORMATION**

#### **Family Services**

Services provided to prevent a child from being removed from his or her parent, guardian, or custodian or reunite the child with his or her parent, guardian, or custodian when removal has occurred. See DCS service standards at: <a href="http://www.in.gov/dcs/2464.htm">http://www.in.gov/dcs/2464.htm</a>.

# **Preservation Services – Three Levels**

1. Prevention:

These are services designed to prevent unnecessary placements of children into foster care or other out-of-home care. DCS utilizes Community Partners for prevention services, which is available in every region in the state. Families can refer themselves or be referred by community agencies to connect families to resources needed to strengthen the family and prevent Child Abuse and/or Neglect (CA/N).

# 2. Family Preservation:

Provision of home based casework services for multi-problem and/or dysfunctional families provided in the family's home. Home based casework is also available for preadoption and postadoption services for adoptive families at risk or in crisis. Home Based Caseworker Services provides any combination of the following kinds of services to the families once approved by DCS:

- a. Home visits,
- b. Case planning,
- c. In-home supervised visitation,
- d. Coordination of services,
- e. Conflict management,
- f. Crisis intervention.
- g. Education child development, domestic violence, parenting, communication,
- h. Assistance with transportation,
- i. Advocacv.
- j. Family assessment,
- k. Community referrals and follow-up,
- I. Develop structure time management,
- m. Behavior modification.
- n. Budgeting money management,
- o. Meal planning/preparation,

- p. Parent training with children present,
- q. Monitor progress of parenting skills,
- r. Community services information, and
- s. Develop long/short term goals.

# 3. Intensive Family Preservation:

These are time-limited intensive services that address immediate needs of families to keep their children safe while preserving the family unit. This service is appropriate for families when placement is being considered due to imminent risk of placement, if the family can address safety needs adequately with timely intensive support.

# Reunification Services - Two Levels

# 1. Reunification:

These are services and activities that are provided to a child in out-of-home placement, and/or the child's parents or primary caregiver, in order to facilitate reunification of the child safely and appropriately in a timely manner. Services and activities that can be provided under this category include the following:

- a. Home-based therapy,
- b. Case management,
- c. Individual and/or family counseling,
- d. Inpatient or outpatient substance abuse treatment services,
- e. Homemaker and/or parent aid services,
- f. Transportation to and from any of the services, and
- g. Supervised visitation.

# 2. Intensive Family Reunification:

These are intensive services to assist families when children are returning home from institutional or therapeutic placement, consisting of three phases:

- a. Preparatory phase,
- b. Intensive phase upon reunification, and
- c. Follow-up services to stabilize the family.

# Rehabilitative Services

Services provided to the child and/or family to address issues identified as leading to involvement with DCS (e.g., parenting classes, drug and alcohol treatment, psychological assessment, etc.).

# [NEW] Domestic Violence Services

For families where domestic violence has been identified, services should be provided that address all identified risk factors, including domestic violence. Some services that may be beneficial for families dealing with domestic violence include, but are not limited to:

- 1. For the non-offending parent:
  - a. Individual and/or group counseling through community service providers,
  - b. Criminal and/or civil remedies,
  - c. Police intervention,
  - d. Legal services,
  - e. Housing, welfare advocacy, economic, and/or medical services,
  - f. Emergency shelter (consider friends, family, etc.),
  - g. Transitional living services,
  - h. Specialized assessment services focusing on issues of domestic violence,
  - i. Day care,

- i. Visitation center services,
- k. Parent support groups, and/or
- I. Mental health and/or substance abuse services.

# For the child(ren):

- a. Individual and/or group counseling for children exposed to domestic violence,
- b. Mentoring and after-school program referrals,
- c. Support groups for children who have been exposed to domestic violence,
- d. Head start programming, and/or
- e. Community-based enrichment programs.
- 3. For the alleged domestic violence offender:
  - a. Batterer intervention programs,
  - b. Substance abuse services,
  - c. Visitation center services,
  - d. Specialized assessment services focusing on issues of family violence,
  - e. Cooperation with police, probation, and parole when involved,
  - f. Fatherhood programs,
  - g. Parenting programs that include a focus on domestic violence issues, and/or
  - h. Mental health and/or substance abuse services.

**[NEW]** The following services are **not** appropriate for cases where domestic violence has been identified and will not be included in an initial DCS Case Plan (SF 2956/DCS 0046) or Program of Informal Adjustment (IA-R1070108):

- Options for protection for the non-offending parent that they believe increase the level of danger;
- Court and/or divorce mediation;
- 3. Anger management groups;
- 4. Couples and/or family counseling (This includes being in the same group therapy sessions, and marital therapy, unless and until all service providers and the non-offending parent agree);
- 5. Alleged domestic violence offender and non-offending parent receiving treatment from the same therapist;
- 6. Visitation arrangements which endanger the children or non-offending parent (non-offending parent should not risk having contact with alleged domestic violence offender arriving for visits or departing after visits); and/or
- 7. Any service which increases the level of danger to the children or non-offending parent.

**[NEW]** Participation in the services listed above can create an increased safety risk for the children and non-offending parent. Case Plan (SF 2956/DCS 0046) goals and family services can be adapted to include these types of services only when the non-offending parent and **all** service providers believe the service is a reasonably safe option.